

Karen Taylor – Director Working to Recovery



Karen Taylor (RMN) with 16 years-experience in the NHS in England with both older people and adults of working age. She has personal experience of designing, implementing and managing innovative community care services. After leaving the NHS, she has worked with her husband ~Ron Coleman bringing the hearing voices approach to many countries including Italy, Australia, NZ, France, Hong Kong, USA and Canada. She put all her experiences into running recovery house projects, all her learning on working with psychosis is rooted in practice and living with a voice hearer for 20 years. Recovery from psychosis is possible for everyone, people can learn to understand their experience and move on. This should be a human right for anyone given this label. Karen is experienced in working with families and believes real healing happens when dialogue happens.

Karen has co-authored the workbook, 'Working to Recovery' and has also been involved in introducing recovery training into Australia, New Zealand, Palestine, Denmark and Italy as well as throughout the United Kingdom.

Based in Scotland, Karen is Director of 'Working to Recovery Ltd, alongside Ron Coleman. Karen and Ron are passionate that recovery is for all, including workers, and together they travel the world, telling their story of recovery and spreading a message based on hope, engaging with mental health services, family members and people with lived experience and challenging them to review their roles and embrace recovery for all. She also has a diploma Diploma in Practical Spirituality and Wellness and is a trained spiritual companion.