



One-Day Workshops

Working Creatively with Psychosis Voices, Visions & Other Extreme States:

An Exploration of Voice Dialogue, Body Dialogue & Voice Sculpting



Presented by

Karen Taylor

Tacoma area, Saturday, November 23

9 am - 5 pm

Lundstrom Plaza
10209 Bridgeport Way
Lakewood, WA 98499

Portland, Tuesday, November 26

9 am – 5 pm

232 SE 80th Ave, Portland
(Montavilla United Methodist Church)

CEUs Pending

For people with lived experience, family members, and clinicians.

Move beyond the concept of illness to wellbeing! This one-day experiential workshop rooted in a narrative approach introduces ways to help people explore the most difficult parts of their distress in a safe and secure environment.

For tickets to Portland, click [HERE](#). For tickets to Tacoma, click [HERE](#) or for more information in general, email sarah@mindfreedom.org Limited scholarships available.

Sponsored by:



The Healing Field

Karen Taylor

Director of Working to Recovery

Karen Taylor, Registered Mental Health Nurse (RMN), has 16 years of experience in the National Health Service (NHS) in England with older people and adults of working age. She has experience designing, implementing and managing innovative community care services.

After leaving the NHS, she worked with her voice hearing husband Ron Coleman, bringing the hearing voices approach to Italy, Australia, NZ, France, Hong Kong, USA, and Canada, and running recovery house projects. She is experienced in working with families and believes real healing happens when dialogue happens.

Recovery from psychosis is possible for everyone. People can learn to understand their experience and move on. This should be a human right for anyone given this label!

Karen has co-authored the workbook, "Working to Recovery," and has been involved in introducing recovery training into Australia, New Zealand, Palestine, Denmark, and Italy, as well as throughout the United Kingdom.

Based in Scotland, Karen is the Director of Working to Recovery, Ltd, alongside Ron Coleman. Karen and Ron are passionate that recovery is for all, *including workers*. Together they travelled the world, telling their story of recovery and spreading a message based on hope. They challenged mental health service workers, family members, and people with lived experience to review their roles and embrace recovery for all.

Karen has a Diploma in Practical Spirituality and Wellness, and is a trained spiritual companion.

