



Land Acknowledgement

We are each likely participating on the unceded land of an Indigenous people. For me, where I used to live and work, it is the Lenape homeland.

Now, I'm back in Rochester and Western NY, so I am also acknowledging the traditional territory of the Haudenosaunee and by honoring the sovereignty of the Six Nations—the Mohawk, Cayuga, Onondaga, Oneida, Seneca and Tuscarora.

I ask you to join me in acknowledging their People, their elders both past and present, as well as future generations.

Most of the institutions for which we work must also acknowledge that they were founded upon exclusions and erasures of many Indigenous peoples.

This acknowledgement demonstrates a commitment to begin the process of working to dismantle the ongoing legacies of settler colonialism.

Creating an AntiRacism Framework In the Psychiatric Survivor Movement

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MindFreedom International
September 18, 2020















Anti-Racism Framework

Every policy in every institution is producing or sustaining either racial equity or racial inequity between racial groups

Racism is a powerful collection of racist policies that lead to racial inequity and are substantiated by racist ideas.

Anti-Racism is a powerful collection of antiracist policies that lead to racial equity and are substantiated by antiracist ideas.

Racial inequity is when two or more racial groups are not standing on approximately equal footing.

Racist policy is any measure that produces or sustains racial inequity between racial groups.

Antiracist policy is any measure that produces or sustains racial equity between racial groups.

There is no such thing as a non-racist or race-neutral policy.

Focus on the Power.

“Racist” is a descriptor, not a slur (pejorative).

Ibram X.Kendi on Racist Ideas

The consistent function of racist ideas – and any kind of bigotry more broadly - is to manipulate us into seeing people as the problem, instead of the policies that ensnare them.



The Disparities Are Real – IOC policy is Racist

- Place the Blame Where it Belongs – not on the person
- Involuntary Outpatient Commitment in NYS impacts African-Americans 5 times more frequently than Whites (Swanson, 2009)
- “Whether this overrepresentation under court-ordered outpatient treatment is unfair depends on one's view: is it access to treatment and a less restrictive alternative to hospitalization, or a coercive deprivation of personal liberty?” (example of a racist idea)
 - Swanson J, Swartz M, Van Dorn RA, et al. Racial disparities in involuntary outpatient commitment: are they real?. *Health Aff (Millwood)*. 2009;28(3):816-826. doi:10.1377/hlthaff.28.3.816

Four Agreements of Courageous Conversations (Glenn Singleton)



Stay Engaged

*Speak Your
Truth*

*Experience
Discomfort*

*Expect/Accept
Non-closure*



The Six Conditions of Courageous Conversations

Race in My Life

Isolating Race

Engaging Multiple Racial Perspectives

Keeping Us All at the Table

Defining Racial Identity

De-Centering Whiteness

The First Condition invites us to establish a racial context that is personal, local, and immediate.

Breakout Session: Getting Personal About Race

What can I recall about the events and conversations about race, race relations, and/or racism that may have impacted me?

In what ways does my race impact my own personal life?

Initial Tasks for the Anti-Racist Survivor/Ex-Patient Movement to Consider

Commit

Support each other to engage, sustain, and deepen interracial conversations about race, racism, antiracism, and racial equity.

Co-Analyze

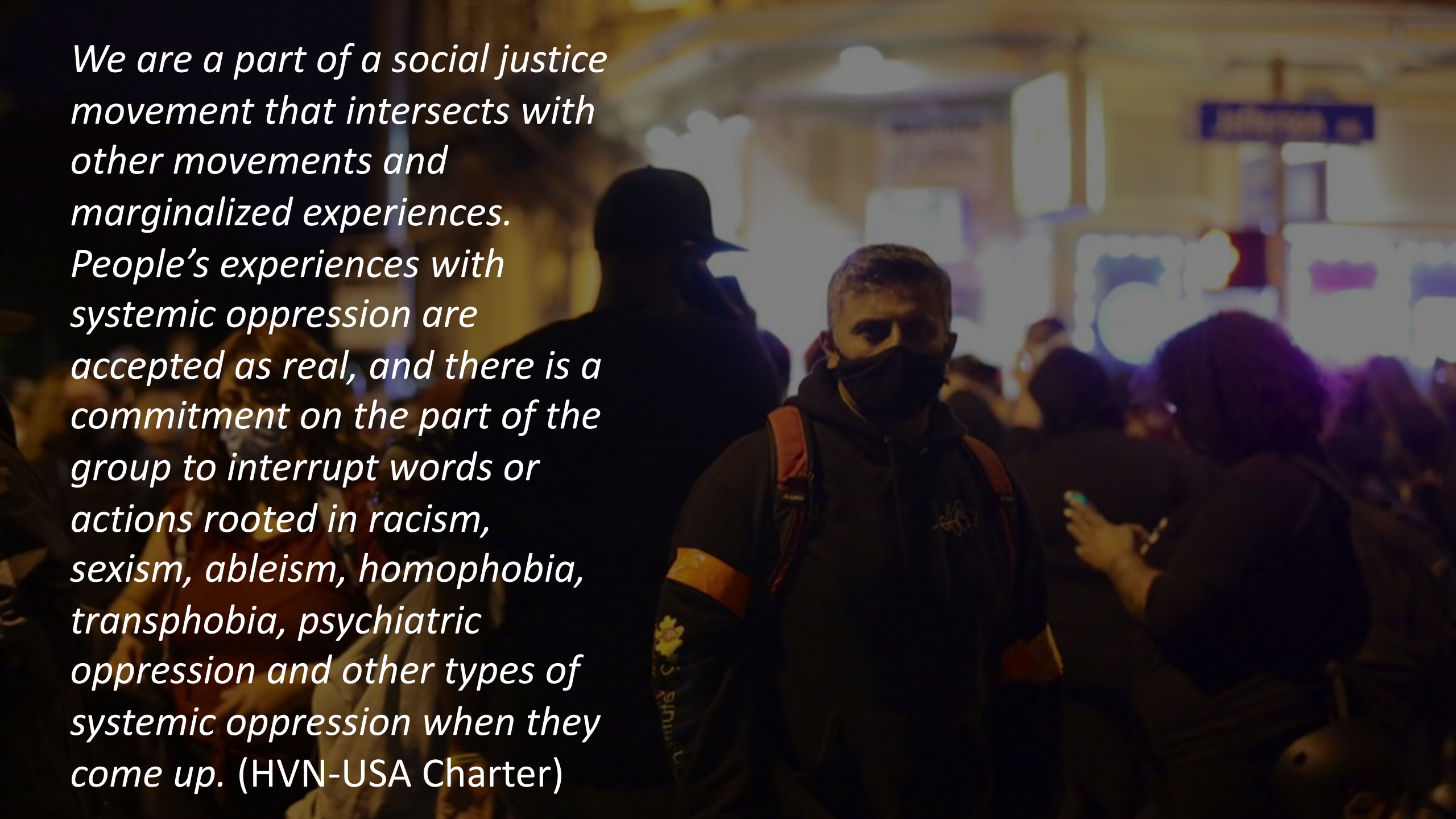
Identify the racist, intersectional policies that produce inequities.
Identify antiracist policies and intersectional conditions that create equity.



Healing
through Hip
Hop Team

*Saying What's
Really On Our
Minds*

We are a part of a social justice movement that intersects with other movements and marginalized experiences. People's experiences with systemic oppression are accepted as real, and there is a commitment on the part of the group to interrupt words or actions rooted in racism, sexism, ableism, homophobia, transphobia, psychiatric oppression and other types of systemic oppression when they come up. (HVN-USA Charter)



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