

# Bibliography of First-Person Narratives of Madness in English (3<sup>rd</sup> edition)

- A Late Inmate of the Glasgow Royal Asylum for Lunatics at Gartnavel [James Frame]. *The Philosophy of Insanity*. London: Fireside Press, 1947 (orig. pub. 1860).
- Abrams, Albert. *Transactions of the Antiseptic Club*. New York: E.B. Treat, 1895.
- Adams, Brian. *The Pits and the Pendulum: A Life with Bipolar Disorder*. London: Jessica Kingsley, 2003.
- Adams, J. K. *Secrets of the Trade: Notes on Madness, Creativity and Ideology*. New York: Viking, 1971.
- Adler, George J. *Letters of a Lunatic: A Brief Exposition of My University Life During the Years 1853-1854*. New York: The Author, 1854.
- Agnew, Anna. *From Under a Cloud; or, Personal Reminiscences of Insanity*. Cincinnati: Robert Clarke, 1886.
- Aldrin, Edwin E. "Buzz," Jr. (with Wayne Warga). *Back to Earth*. New York: Random House, 1973.
- Alexander, Rosie. *Folie à Deux: An Experience of One-to-One Therapy*. London: Free Association Books, 1995.
- Alexandra [Messenger]. *I Speak for the Silent*. Enfield, UK: Alexandra Press, 1984.
- Alexson, Jacob. *The Triumph of Personal Thought and How I Became a Mason*. Washington: Ransdell, 1941.
- Altenberg, P. *Evocations of Love* (trans. Alexander King). New York: Simon & Schuster, 1960.
- Anderson, A. E. *Pain: The Essence of a Mental Illness*. Fort Lauderdale, FL: Exposition -Phoenix, 1979.
- Anderson, Dwight (with Page Cooper). *The Other Side of the Bottle*. New York: A. A. Wyn, 1950.
- Anne. "Coping with Schizophrenia." *Mind Out*, 1979.
- Anonymous. *Autobiography of a Schizophrenic*. Bristol: J. Baker & Son, 1951.
- *Autobiography of a Suicide*. Lawrence, L. I: Golden Galleon, 1934.
- *Bedlamiana: or, Selections from the "Asylum Journal."* Lowell, for the Compiler, 1846.
- "A Chapter from Real Life. By a Recovered Patient." *The Opal: A Monthly Periodical of the New York State Lunatic Asylum at Utica*. 4: 48-50, 1854.
- "Case VIII." *American Journal of Insanity*. 1: 52-71, 1844.
- *Crook Frighfulness—By a Victim*. London: Moody Bros., 1935.
- "The Confessions of a Nervous Woman." *Post Graduate Monthly. Journal of Medicine and Surgery*. 11: 364-68, 1896.
- *Five Months in a Mad-house; an Actual Experience, by an Inmate*. New York: Press Exchange, 1901.
- *Five Months in the New York State Lunatic Asylum, by an Inmate*. Buffalo: L. Danforth, 1849.
- "Illustrations of Insanity." *American Journal of Insanity*. 3: 212-26, 333-48, 1846.
- "Illustrations of Insanity Furnished by the Letters and Writings of the Insane." *American Journal of Insanity*. 4: 290-303, 1848.
- *I Lost My Memory--The Case as the Patient Saw It*. London: Faber, 1932.
- "Insulin and I." *American Journal of Orthopsychiatry*. 10: 810-14, 1940.
- *I Question*. Nashville, TN: 1945.
- "A Letter from a Patient." *The Opal: A Monthly Periodical of the New York State Lunatic Asylum, Devoted to Usefulness*. 2: 245-46, 1852.
- "Letter By 'A Friend of the Insane.'" *Asylum Journal*. 1(5): 2, 1842.
- *Life in a Lunatic Asylum: An Autobiographical Sketch*. London: Houlston and Wright, 1867.
- "Life in the Asylum." *The Opal: A Monthly Periodical of the New York State Lunatic Asylum. Edited by Patients*. 5: 4-6, 1855.
- "Life on a Psychiatric Ward." *Mind*, 1971.
- *A Madman's Musings: Being a Collection of Essays Written by a Patient During His Detention in a Private Madhouse*. London: A. E. Harvey, 1898.
- "Ordeal in a Mental Hospital." *The Radical Therapist*, 1974.
- "The Ohio Lunatic Asylum." *The Journal of Psychological Medicine and Mental Pathology*. 3: 456-90, 1850.
- *A Palace Prison; or, The Past and the Present*. New York: Fords, Howard & Hulbert, 1884.
- *The Petition of the Poor Distracted People in the House of Bedlam*. London: 1620.
- [Mrs. F.H.] "Recovery from a Long Neurosis." *Psychiatry*. 15: 161-77, 1952.
- *Scenes from the Life of a Sufferer: Being the Narrative of a Residence in Morningside Asylum*. Edinburgh: Royal Asylum Press, 1855.

- "Scenes in a Private Madhouse." *Asylum Journal*. 1(1): 1, 1842.
- "They Said I Was Mad." *The Forum and Century*. 100: 231-37, 1938.
- Special issue—"What It's Like—From the Receiving End." *Mind Out*, 1974.
- "Wondering: The Impressions of an Inmate." *Atlantic Monthly*. 145: 669, 1930.
- Ansite, Pat. *No Longer Lonely*. Van Nuys, CA: Bible Voice, 1977.
- Artaud, Antonin. *Antonin Artaud Anthology*. San Francisco: City Lights Books, 1965.
- Balt, John. *By Reason of Insanity*. New York: New American Library, 1967.
- Balter, M., and R. Katz. *Nobody's Child*. Reading, MA: Addison-Wesley, 1991.
- Barlow, Brigit. "How I Conquered Claustrophobia." *Mind Out*, 1975.
- Barnes, Mary, and Joseph Berke. *Mary Barnes: Two Accounts of a Journey Through Madness*. New York: Harcourt, Brace, Jovanovich, 1971 (reprinted, New York: Other Press, 2002).
- (with Ann Scott). *Something Sacred: Conversations, Writings, Paintings*. London: Free Association Books, 1989.
- Barnett, Francis. *The Hero of No Fiction or the Memories of Francis Barnett*. 2 vols. 1823.
- Barry, Anne. *Bellevue Is a State of Mind*. New York: Harcourt, Brace, Jovanovich, 1971.
- Barrymore, Diana. *Too Much, Too Soon*. New York: Holt, 1957.
- Bassman, Ronald. "Overcoming the Impossible: My Journey through Schizophrenia." *Psychology Today*, February 2001.
- Bauer, Hanna. *I Came to My Island: A Journey Through the Experience of Change*. Seattle: Straub, 1973.
- B.C.A. (with an introduction by Morton Prince, MD). *My Life as a Dissociated Personality*. Boston: Badger, 1909.
- Beecher, Catherine. *Letters to the People On Health and Happiness*. New York: Harper & Brothers, 1855.
- Beers, Clifford. *A Mind That Found Itself*. Pittsburgh: University of Pittsburgh Press, 1908.
- Behrman, Andy. *Electroboy: A Memoir of Mania*. New York: Random House, 2003.
- Belcher, William. *Address to Humanity, Containing a Letter to Dr. Thomas Monro; a Receipt to Make a Lunatic, and Seize his Estate and a Sketch of a True Smiling Hyena*. London: The Author, 1796.
- Benson, Arthur Christopher. *The House of Quiet*. New York: Dutton, 1907.
- Thy Rod and Thy Staff*. London: Smith, Elder, 1912.
- Benziger, Barbara Field. *The Prison of My Mind*. New York: Walker, 1969.
- Bergen, Marja. *Riding the Roller Coaster: Living with Mood Disorders*. Kelowna, BC: Northstone, 1999.
- Berryman, John. *Recovery*. New York: Dell, 1973.
- Berzon, Betty. *Surviving Madness: A Therapist's Own Story*. Madison, WI: University of Wisconsin Press, 2002.
- Blackbridge, Persimmon. *Sunnybrook: A True Story with Lies*. Vancouver, BC: Press Gang, 1996.
- *Prozac Highway*. Vancouver, BC: Press Gang, 1997.
- Bly, Nellie [Elizabeth Cochrane]. *Ten Days in a Madhouse; or, Nellie Bly's Experience on Blackwell's Island. Feigning Insanity in Order to Reveal Asylum Horrors*. New York: Norman L. Munro, 1887.
- Boisen, Anton T. *The Exploration of the Inner World*. New York: Harper and Row, 1936.
- *Out of the Depths*. New York: Harper and Row, 1960.
- Bowers, M. B. *Retreat From Sanity*. New York: Human Sciences, 1974.
- Brandon, David. "Three Meetings with Madness," *Mind Out*, 1980.
- Brando, A. K. *Brando for Breakfast*. New York: Crown, 1978.

- Brandt, Anthony. *Reality Police: The Experience of Insanity in America*. New York: Morrow, 1975.
- Brea, Alton. *Half a Lifetime*. New York: Vantage, 1968.
- Brinkle, Andriana P. "Life Among the Insane." *North American Review*. 144:190-99, 1887.
- Brinson, Jean Small. *Murderous Memories: One Woman's Hellish Battle to Save Herself*. Far Hills, NJ: New Horizon, 1994.
- Brokenshire, Norman. *This is Norman Brokenshire—An Unvarnished Self-Portrait*. New York: David McKay, 1954.
- Brown, Carlton. *Brainstorm*. New York: Farrar and Rinehart, 1944.
- Brown, Henry Collins. *A Mind Mislaid*. New York: E. P. Dutton, 1937.
- Bruckshaw, Samuel. *The Case, Petition, and Address of Samuel Bruckshaw, who Suffered a Most Severe Imprisonment, for Very Near the Whole Year, Loaded with Irons, without Being Heard in his Defense, Nay Even without Being Accused, and at Last Denied an Appeal to a Jury. Humbly Offered to the Perusal and Consideration of the Public*. London: The Author, 1774.  
 ----- *One More Proof of the Iniquitous Abuse of Private Madhouses*. London: The Author, 1774.
- Buck, Peggy. *I'm Depressed---Are You Listening Lord?* Valley Forge, PA: Judson, 1978.
- Bukovskii, V. *To Build a Castle: My Life as a Dissenter*. London: Andre Deutsch, 1978.
- Bullitt-Jonas, Margaret. *Holy Hunger: A Memoir of Desire*. New York: Knopf, 1999.
- Burke, R. (eds. R. Gates & R. Hammond). *When the Music's Over: My Journey into Schizophrenia*. New York: Basic Books, 1995.
- Caine, Linda and Robin Royston. *Out of the Dark*. London: Bantam Press, 2003.
- Camp, Joseph. *An Insight into an Insane Asylum*. Louisville, KY: The Author, 1882.
- Campbell, E.J. Moran. *Not Always on a Level*. Cambridge: Cambridge University Press, 1988.
- Cantor, Carla (with Brian Fallon). *Phantom Illness: Shattering the Myth of Hypochondria*. Boston: Houghton Mifflin, 1996.
- Capponi, Pat. *Upstairs in the Crazy House: The Life of a Psychiatric Survivor*. Toronto: Penguin Books, 1992.
- Cardinal, Marie. *In Other Words*. Bloomington, IN: Indiana University Press, 1995.  
 ----- *The Words to Say It*. Cambridge, MA: VanVactor & Goodheart, 1983.
- Casey, Joan F. and Lynn Wilson. *Flock: The Autobiography of a Multiple Personality*. New York: Ballantine Books, 1991.
- Castle, Kit, and S. Bechtel. *Katherine, It's Time: An Incredible Journey into the World of a Multiple Personality*. New York: Harper & Row, 1989.
- Chadwick, Peter K. "The Stepladder to the Impossible: A First Hand Phenomenological Account of a Schizoaffective Psychotic Crisis." *Journal of Mental Health*. 2: 239-250, 1993.
- Chaloner, John Armstrong. *The Lunacy Law of the World: Being that of Each of the Forty-Eight States and Territories of the United States, with an Examination Thereof and Leading Cases Thereon; Together with that of the Six Great Powers of Europe—Great Britain, France, Italy, Germany, Austria-Hungary, and Russia*. Roanoke Rapids, NC: Palmetto Press, 1906.  
 ----- *Who's Looney Now?* Roanoke Rapids, NC.: Palmetto, 1914.
- Chamberlin, Judi. *On Our Own: Patient-Controlled Alternatives to the Mental Health System*. New York: Hawthorn Books, 1978.
- Chambers, Julius. *A Mad World and Its Inhabitants*. New York: Appleton, 1876.
- Chaning-Pearce, Melville [Nicomodemus]. *Midnight Hour*. London: Faber and Faber, 1942.
- Chase, Trudi (intro and epilogue by R. A. Phillips). *When Rabbit Howls: The Troops for Trudi Chase*. New York: Dutton, 1987.
- Chisholm, Kate. *Hungry Hell*. London: Short Books, 2002.
- Cienin, Pawel. *Fragments from the Diary of a Madman*. London: Gryf, 1972.
- Clare, John. *Sketches in the Life of John Clare* (written by himself, first published with an introduction, notes and additions, by Edmund Blunden). London: Cobden-Sanderson, 1931.

- Cleaves, M. A. *The Autobiography of a Neurasthenic*. Boston: Badger, 1910.
- Clemens, Louisa Perina Courtauld. *Narrative of a Pilgrim and Sojourner on Earth, from 1791 to the Present Year, 1870*. Edinburgh: 1870.
- Clover. *Escape from Psychiatry: The Autobiography of Clover (2<sup>nd</sup> ed.)*. Ignacio, CO: Rainbow, 1999.
- Coate, Morag. *Beyond All Reason*. London: Constable, 1964.
- Colas, Emily. *Just Checking: Scenes from the Life of an Obsessive-Compulsive*. New York: Simon & Schuster, 1998.
- Coleman, E. H. *The Shutter of Snow*. New York: Viking, 1930.
- Coleman, Ron. *Recovery: An Alien Concept*. Gloucester, UK: Handsell Publishing, 1999.
- Collins, William J. *Out of the Depths*. New York: Doubleday, 1971.
- Cottier, Lizzie D. *The Right Spirit*. Buffalo, NY: Courier, 1885.
- Cowper, William. *Memoir of the Early Life of William Cowper*. New York: Taylor & Gould, 1816.
- Coyle, Charles. "Life in an Insane Asylum." *Overland Monthly*. 13:161-171, 1983.
- Crawford, Paul. *Nothing Purple, Nothing Black*. Lewes, UK: Book Guild, 2002.
- Crowley, Kathleen. *The Day Room: A Memoir of Madness and Mending*. Kennedy Carlisle Publishing, 1995.
- Crowe, Anne Mary. *A Letter to Dr. R. D. Willis: to Which are Added, Copies of Three Other Letters: Published in the Hope of Rousing a Humane Nation to the Consideration of the Miseries Arising from Private Madhouses: with a Preliminary Address to Lord Erskine*. London: The Author, 1811.
- Cruden, Alexander. *The Adventures of Alexander the Corrector, Wherein Is Given an Account of His Being Unjustly Sent to Chelsea, and of His Bad Usage during the Time of his Chelsea Campaign . . . with an Account of the Chelsea-Academies, or the Private Places for the Confinement of Such As Are Supposed to Be Deprived of the Exercise of Their Reason*. London: The Author, 1754.
- *The London-Citizen Exceedingly Injured; or, a British Inquisition Display'd, in an Account of the Unparallel'd Case of a Citizen of London, Bookseller to the Late Queen, Who Was in a Most Unjust and Arbitrary Manner Sent on the 23rd of March Last, 1738, by One Robert Wightman, a Mere Stranger, to a Private Madhouse*. London: T. Cooper, 1739.
- *Mr. Cruden Greatly Injured: An Account of a Trial between Mr. Alexander Cruden, Bookseller to the Late Queen, Plaintiff, and Dr. Monro, Matthew Wright, John Oswald, and John Davis, Defendants; in the Court of the Common-Pleas in Westminster Hall July 17, 1739, on an Action of Trespass, Assault and Imprisonment: the Said Mr. Cruden, Tho' in His Right Senses, Having Been Unjustly Confined and Barbarously Used in the Said Matthew Wright's Private Madhouse at Bethnal-Green for Nine Weeks and Six Days, till He Made His Wonderful Escape May 31, 1738. To Which is Added a Surprising Account of Several Other Persons, Who Have Been Mostly Unjustly Confined in Private Madhouses*. London: A. Injured, 1740.
- Custance, John [pseud.]. *Adventure into the Unconscious*. London: Christopher Johnson, 1954.
- *Wisdom, Madness and Folly: The Philosophy of a Lunatic*. New York: Pelligrini and Cudahy, 1952.
- Cutting, Linda Katherine. *Memory Slips: A Memoir of Music and Healing*. New York: HarperCollins, 1997.
- Dahl, Robert G. *Breakdown*. Indianapolis: Bobbs-Merrill, 1959.
- Dailey, Abram H. *Mollie Fancher: The Brooklyn Enigma. An Authentic Statement of Facts in the Life of Mary J. Fancher. The Psychological Marvel of the Nineteenth Century*. Brooklyn, NY: New Library Press, 1984.
- Dallett, Janet O. *When the Spirits Come Back*. Toronto: Inner City Books, 1988.
- Dangarembga, Tsitsi. *Nervous Conditions*. London: The Women's Press, 1988 (reprinted, Seattle, WA: Seal Press, 1996).
- Danquah, Meri Nana-Ama. *Willow Weep for Me: A Black Woman's Journey through Depression*. New York: Ballantine, 1998.
- Davenport, Eloise. *I Can't Forget*. New York: Carlton, 1960.
- David [pseud.]. *The Autobiography of David* ----(ed. Ernest Raymond). London: Victor Gollancz, 1946.
- Davidson, D. *Remembrances of a Religio-Maniac*. Stratford-on-Avon, UK: Shakespeare, 1912.

- Davis, Phebe E. *Two Years and Three Months in the New York State Lunatic Asylum at Utica, Together with the Outline of Twenty Years' Peregrinations in Syracuse*. Syracuse: The Author, 1855.
- Davys, S. *A Time and a Time*. London: Calder and Bozars, 1971.
- Dawson, Jennifer. *The Ha-Ha*. Boston: Little, Brown, 1961.
- Day, Beth. *No Hiding Place*. New York: Henry Holt, 1957.
- Delilez, Francis. *The True Cause of Insanity Explained; or, The Terrible Experience of an Insane, Related by Himself*. Minneapolis: Kimball, 1888.
- Denny, Lydia B. *Statement of Mrs. Lydia B. Denny, Wife of Reuben S. Denny, of Boston, in Regard to Her Alleged Insanity*. n.p., 1862.
- Denzer, Peter W. *Episode—A Record of Five Hundred Lost Days*. New York: Dutton, 1954.
- Derby, John Barton. *Scenes in a Mad House*. Boston: Samuel N. Dickinson, 1838.
- Diski, Jenny. *Skating to Antarctica*. London: Granta, 1997.
- Doe, Jane. [pseud.]. *Crazy*. New York: Hawthorne, 1966.
- Donaldson, Kenneth. *Insanity Inside Out*. New York: Crown, 1976.
- Drake, John H. *Thirty-Two Years of the Life of an Adventurer*. New York: The Author, 1847.
- Drory, Irene. *Another World*. New York: Vantage, 1978.
- Duffy, James. *The Capital's Siberia*. Middletown, Idaho: Boise Valley Herald, 1939.
- Dukakis, Kitty (with J. Srovell). *Now You Know*. New York: Simon & Schuster, 1990.
- Duke, Patty (with Gloria Hochman). *A Brilliant Madness: Living with Manic-Depressive Illness*. New York: Bantam, 1992.  
 ---- (with K. Turan). *Call Me Anna: The Autobiography of Patty Duke*. New York: Bantam, 1987.
- Edmonds, Helen Woods [Anna Kavan]. *Asylum Piece*. Garden City, NJ: Doubleday, 1940.
- Eliot, Jane. "My Way Back to Sanity." *Ladies Home Journal*. 63 (10): 54-55, 242-50, 1946.
- Ellis, William B. *Sanity for Sale: The Story of American Life Since the Civil War*. Advance, NC: Advance, 1929.  
 ---- *Sanity for Sale: The Story of the Rise and Fall of William B. Ellis, by Himself*. Advance, NC: Advance, 1928.
- Endler, Norman S. *Holiday of Darkness*. New York: Wiley, 1982 (revised ed., Toronto: Wall & Thompson, 1990).
- Etchell, Mabel. *Two Years in a Lunatic Asylum*. London: Simpkin, Marshall, 1865.
- Etten, Howard J. *Memoirs of a Mental Case*. New York: Vantage, 1972.
- Evans, Margiad. *Autobiography*. Oxford: Basil Blackwell, 1943.  
 ---- *A Ray of Darkness*. New York: Roy, n.d.
- Farmer, Frances. *Will There Really Be a Morning?* New York: Putnam, 1972.
- Farmer, John Harrison. *Road to Love: An Autobiography*. New York: Exposition, 1975.
- Feldman, Harry. *In a Forest Dark*. New York: Thomas Nelson & Sons, 1960.
- Ferguson, Sarah. *A Guard Within*. London: Chatto & Windus, 1973.
- Ferland, Carol. *The Long Journey Home*. New York: Knopf, 1980.
- Feugilly, Mary Heustis. *Diary Written in the Provincial Lunatic Asylum*. The Author, 1885.
- Field, E. *The White Shirts*. Los Angeles: E. Field, 1964.
- Fink, Harold Kenneth. *Long Journey; a Verbatim Report of a Case of Severe Psychosexual Infantilism*. New York: Julian, 1954.

- Firestone, Shulamith. *Airless Spaces*. New York: Semiotext(e), 1998.
- Fischer, Augusta Catherine. *Searchlight, an Autobiography*. Seattle: 1937.
- Fleming, E. G. *Three Years in a Mad House*. Chicago: Donohue, Henneberry, 1893.
- Foley, Nancy. "A Room with a View." *Valley Advocate* (Northampton, MA), March 7, 2002.
- Fox, George. *George Fox: An Autobiography*. Philadelphia: Friends' Book Store, 1919.
- Frame, Janet. *Faces in the Water*. New York: George Braziller, 1961.  
 ----- *An Angel at My Table: An Autobiography*. New York: George Braziller, 1984.
- Francis, Joseph H. *My Last Drink*. Chicago: Empire Books, 1915.
- Fraser, Sarah. *Living with Depression—and Winning*. Wheaton, IL: Tyndale House Publishers, 1975.
- Freeman, C.P.L. et al. "Three essays on patients' experiences of ECT." *British Journal of Psychiatry*, 137, 8-16; 17-25; 26-37, 1980.
- Freeman, Lucy. *Fight against Fears*. New York: Crown, 1951.
- Frolick, Vernon. *Descent into Madness: The Diary of a Killer*. Blaine, WA: Hancock House, 2004.
- Fry, Jane. *Being Different: The Autobiography of Jane Fry*. New York: John Wiley & Sons, 1974.
- Fuller, Robert. *An Account of the Imprisonment and Sufferings of Robert Fuller, of Cambridge*. Boston: The Author, 1833.
- Fullerton, James. *Autobiography of Roosevelt's Adversary*. Boston: Roxbaugh, 1912.
- Funk, Wendy. *What Difference Does It Make? (the Journey of a Soul Survivor)*. Cranbrook, BC: Wild Flower, 1998.
- Garfield, Johanna. *The Life of a Real Girl*. New York: St. Martin's Press, 1986.
- Garner, Edward Dixon. *Sketchbook From Hell*. Durham, NC: Moore, 1974.
- Gary, Looney Lee [pseud.]. *The Bridge of Eternity*. New York: Fortuny's, 1940.
- George. "I Can't Imagine Life Without Mental Illness." *Mind Out*, 1981.
- Gilbert, William. *The Monomaniac, or Shirley Hall Asylum*. New York: James G. Gregory, 1864.
- Gilman, Charlotte Perkins. "The Yellow Wallpaper." *New England Magazine*. 5(5): 647-56, 1892.  
 ----- *The Living of Charlotte Perkins Gilman*. New York: Appleton-Century Co., 1935.
- Gorbanevskaya, N. *Red Square at Noon*. London: Andre Deutsch, 1972.
- Gordon, Barbara. *I'm Dancing As Fast As I Can*. New York: Harper & Row, 1979.
- Gordon, Emily Fox. *Mockingbird Years: A Life in and out of Therapy*. New York: Basic Books, 2000.
- Gotkin, Janet, and Paul Gotkin. *Too Much Anger, Too Many Tears: A Personal Triumph over Psychiatry*. New York: Quadrangle, 1975.
- Goulet, Robert. *Madhouse*. Chicago: J. P. O'Hara, 1973.
- Grandin, Temple. *Thinking in Pictures, and Other Reports from My Life with Autism*. New York: Doubleday, 1985.
- Grant, Linda. *Remind Me Who I Am Again*. London: Granta, 1998.
- Grant-Smith, Rachel. *The Experiences of an Asylum Patient*. London: Allen & Unwin, 1922.
- Graves, Alonzo. *The Eclipse of a Mind*. New York: The Medical Journal Press, 1942.
- Gray, Jerry. *The Third Strike*. New York: Abingdon-Cokesbury, 1949.
- Greally, Hanna. *Bird's Nest Soup*. Dublin: Attic Press, 1971.

- Green, Rosemary. *Diary of a Fat Housewife: A True Story of Humor, Heartbreak and Hope*. New York: Warner, 1995.
- Greenberg, Joanne [Hannah Green]. *I Never Promised You a Rose Garden*. New York: Holt, Rinehart & Winston, 1964.
- Greene, Julie. *Breakdown Lane, Traveled*. [www.1stbooks.com](http://www.1stbooks.com), 2002.
- Greiner, S. *Prelude to Sanity*. Fort Lauderdale: Master Publications, 1943.
- Grigorenko, P. G. *The Grigorenko Papers*. Boulder, CO: Westview, 1976.
- Grimes, Green. *The Lily of the West: On Human Nature, Education, the Mind, Insanity, with Ten Letters as a Sequel to the Alphabet; the Conquest of Man, Early Days; a Farewell to My Native Home, the Song of the Chieftain's Daughter, Tree of Liberty, and the Beauties of Nature and Art, by G. Grimes, an Inmate of the Lunatic Asylum of Tennessee*. Nashville: 1846.
- *A Secret Worth Knowing: A Treatise on Insanity, the Only Work of the Kind in the United States or, Perhaps in the Known World: Founded on General Observation and Truth, by G. Grimes, an Inmate of the Lunatic Asylum of Tennessee*. New York: W. H. Graham, 1847.
- *A Secret Worth Knowing: A Treatise on the Most Important Secret in the World: Simply to say, Insanity, by G. Grimes, an Inmate of the Lunatic Asylum of Tennessee*. Nashville: Nashville Union, 1846.
- Hackett, Paul. *The Cardboard Giants*. New York: Putnam, 1952.
- Haizmann, Christoph. *Schizophrenia, 1677: A Psychiatric Study of an Illustrated Autobiographical Record of Demoniactal Possession*. (eds. Ida Macalpine and Richard Hunter). London: William Dawson and Sons, 1956.
- Hales, Ella [pseud.]. *Like a Lamb*. London: Christopher Johnson, 1958.
- Hall, Roger. *Clouds of Fear*. London: Coronet, 1977.
- Hamill, Pete. *A Drinking Life: A Memoir*. Boston: Little, Brown, 1994.
- Hamilcar, Marcia. *Legally Dead: Experiences During Seventeen Weeks' Detention in a Private Asylum*. London: John Ouseley, 1910.
- Hampton, Russell K. *The Far Side of Despair—A Personal Account of Depression*. Chicago: Nelson-Hall, 1975.
- Handler, Lowell. *Twitch and Shout: A Touretter's Tale*. New York: Penguin, 1999.
- Hannon, Bill. *Agents in My Brain: How I Survived Manic Depression*. Chicago: Open Court, 1997.
- Harding, Len. *Born a Number*. London: Mind Publications, 1985.
- Harlan, Olivia. "Minds in the Mending." *Atlantic Monthly*. 168: 330-34, 1941.
- Harris, Tracy L. *The Music of Madness*. Lincoln, NE: iUniverse, 2001.
- Harrison, Maude. *Spinner's Lake*. London: John Lane, The Bodley Head, 1941.
- Harrison, P. G. (eds. S. Hirsh, J. K. Adams, & I. R. Frank). "Visions of a Madman," *Madness Network News Reader*. San Francisco: Glide Publications, 1974.
- Hart, Linda. *Phone at Nine Just to Say You're Alive*. London: D. Elliot, 1995.
- Havecamp, Katharina. *Love Comes in Buckets*. London: Boyars, 1978.
- Harvin, Emily [pseud.]. *The Stubborn Wood*. Chicago: Ziff-Davis, 1948.
- Haskell, Ebenezer. *The Trial of Ebenezer Haskell, in Lunacy, and His Acquittal Before Judge Brewster, in November, 1868, together with a Brief Sketch of the Mode of Treatment of Lunatics in Different Asylums in this Country and in England, with Illustrations, Including a Copy of Hogarth's Celebrated Painting of a Scene of Old Bedlam, in London, 1635*. Philadelphia: E. Haskell, 1869.
- Haslam, John (ed.). *Illustrations of Madness: Exhibiting a Singular Case of Insanity, and a No Less Remarkable Difference in Medical Opinion: Developing the Nature of Assailment, and the Manner of Working Events; with a Description of the Torture Experienced by Bomb-Bursting, Lobster-Cracking, and Lengthening the Brain*. London: G. Haydon, 1810.
- Hayes, B. (with W. Hoffer). *Midnight Express*. New York: Dutton, 1977.
- Heaslip, Barbara. *Saints and Strait Jackets: An Intimate View of Life in an Australian Psychiatric Hospital, By an Ex-Patient*. The Author, 1972.

- Heater, Sandra Harvey. *Am I Still Visible? A Woman's Triumph over Anorexia Nervosa*. White Hall, VA: White Hall Books, 1983.
- Hebald, Carol. *The Heart Too Long Suppressed: A Chronicle of Mental Illness*. Boston: Northeastern University Press, 2001.
- Hellmuth, Charles F. *Maniac: Anatomy of a Mental Illness*. Philadelphia: Dorrance, 1977.
- Helmbold, Henry T. *Am I a Lunatic? Or, Dr. Henry T. Helmbold's Exposure of his Personal Experience in the Lunatic Asylums of Europe and America*. New York: 1877.
- Hennell, Thomas Barclay. *The Witnesses*. London: Davies, 1938.
- Hewitt, Harald. *From Harrow School to Herrison House Asylum*. London: C. W. Daniel, 1923.
- Hillyer, Jane. *Reluctantly Told*. New York: Macmillan, 1926.
- Hodgins, E. *Episode: Report on the Accident Inside My Skull*. New York: Atheneum, 1964.
- Hoffman, R. *Half the House: A Memoir*. New York: Harcourt Brace, 1995.
- Hornbacher, Marya. *Wasted: A Memoir of Anorexia and Bulimia*. New York: HarperCollins, 1999.
- Howland, Bette. *W-3*. New York: Viking, 1974.
- Hughes, J. S. (ed.). *The Letter of a Victorian Madwoman*. Columbia, SC: University of South Carolina Press, 1993.
- Hummel, James E. [James H. Ellis]. *To Hell and Back. The Story of an Alcoholic*. New York: Vantage, 1953.
- Hunt, Isaac H. *Astounding Disclosures! Three Years in a Mad House, by a Victim. A True Account of the Barbarous, Inhuman and Cruel Treatment of Isaac H. Hunt, in the Maine Insane Hospital, in the Years 1844, '45, '46 and '47, by Drs. Isaac Ray, James Bates, and Their Assistants and Attendants*. Skowhegan: The Author, 1851.
- *Astounding Disclosures! Three Years in a Mad House, by a Victim. Contains Also: A Short Account of Miss Elizabeth T. Stone in the McLean Asylum at Somerville, Mass. and a Short Account of the Burning of the Maine Asylum, Dec. 4th, 1850*. Skowhegan: The Author, 1852.
- Hunt, Morton M. *Mental Hospital*. New York: Pyramid, 1962.
- Hurry, A. "My Ambition is to be Dead." *Journal of Child Psychotherapy*, 4(3), 66-83, 1977.
- Inmate Ward Eight [Marion Woodson]. *Behind the Door of Delusion*. New York: Macmillan, 1932.
- Jackson, C. *The Lost Weekend*. New York: Farrar, Strauss and Cudahy, 1944.
- James, William. *A Journey through Madness: Bonds Unshackled*. Writers Club Press, 2003.
- Jamison, Kay Redfield. *An Unquiet Mind: A Memoir of Moods and Madness*. New York: Random House, 1995.
- Jayson, Lawrence M. *Mania*. New York: Funk & Wagnalls, 1937.
- Jefferson, Lara [pseud.]. *These Are My Sisters. An "Insandectomy"*. Tulsa, OK: Vickers, 1947 (reprint, Garden City, NJ: Doubleday, 1974).
- John, Otto. *Twice Through the Lines: The Autobiography of Otto John*. New York: Harper, 1972.
- Johnson, Donald McIntosh. *Bars and Barricades, Being the Second Part of "A Publisher Presents Himself"*. London: Johnson, 1952.
- *A Doctor Regrets, Being the First Part of "A Publisher Presents Himself"*. London: Johnson, 1949.
- *A Doctor Returns, Being the Third Part of "A Publisher Presents Himself"*. London: Johnson, 1956.
- Johnston, Jill. *Lesbian Nation*. New York: Simon & Schuster, 1973.
- Johnstone, Nick. *A Head Full of Blue*. London: Bloomsbury, 2003.
- Joyce, John A. *A Checkered Life*. Chicago: S. P. Rounds, 1883.
- Karr, Mary. *The Liar's Club: A Memoir*. New York: Viking, 1995.
- Kaysen, Susanna. *Girl, Interrupted*. New York: Random House, 1993.
- Kempe, Margery. *The Book of Margery Kempe*. Rendered into modern English by W. Butler-Bowdon. New York: Devin-Adair, 1944.



- *The Book of Margery Kempe* (edited and introduced by Sanford Brown Meech and Hope Emily Allen). Oxford: Oxford University Press, 1940 (orig. manuscript, 1436).
- Kent, P. *An American Woman and Alcohol*. New York: Holt, Rinehart and Winston, 1967.
- Kerkoff, Jack. *How Thin the Veil: A Newspaperman's Story of His Own Mental Crackup and Recovery*. New York: Greenberg, 1952.
- Kesey, Ken. *One Flew Over the Cuckoo's Nest*. New York: Picador, 1975.
- Kettlewell, Caroline. *Skin Game*. New York: St. Martin's Press, 1999.
- Kinder, Elaine F. "Postscript on a Benign Psychosis." *Psychiatry*. 3: 527-34, 1940.
- King, Alexander. *Mine Enemy Grows Older*. New York: Simon & Schuster, 1958.
- King, L. Percy [pseud.]. *Criminal Complaints with Probable Causes (A True Account)*. Bound, circular letter, ca. 1940.
- King, Marian. *The Recovery of Myself*. New Haven: Yale University Press, 1931.
- Kirk, Anne. *Chronicles of Interdict No. 7807*. Boston: Meador, 1937.
- Knapp, Caroline. *Drinking: A Love Story*. New York: Dial, 1996.
- Knauth, Percy. *A Season in Hell*. New York: Harper, 1956.
- Knight, Paul Slade. *Observations on the Causes, Symptoms, and Treatment of Derangement. Founded on an Extensive Moral and Medical Practice in the Treatment of Lunatics. Together With the Particulars of the Sensations and Ideas of a Gentleman During Mental Alternation, Written by Himself During His Confinement*. London: Longman, 1827.
- Knipfel, Jim. *Quitting the Nairobi Trio*. New York: Putnam, 2000.
- Kops, Bernard. *The World is a Wedding*. New York: Coward-McCann, 1962.
- *On Margate Sands*. London: Secker & Warburg, 1978.
- Krauch, Elsa. *A Mind Restored: The Story of Jim Curran*. New York: G. P. Putnam's Sons, 1937.
- Krim, Seymour. *Views of a Nearsighted Cannoneer*. New York: E. P. Dutton, 1948.
- Kruger, Judith. *My Fight for Sanity*. London: Hammond, 1959.
- Kurelek, William (ed. J. Maas). *Someone With Me: The Autobiography of William Kurelek*. Ithaca, NY: Cornell University Center for the Improvement of Undergraduate Education, 1973.
- Labrunie, Gerard [Gerard De Nerval]. *Daughters of Fire: Sylvia—Emilie—Octavie* (trans. from 1862 French ed.). London: Heineman, 1923.
- *Dreams and Life* (trans. from 1855 French ed.). London: The First Edition Club and The Boar's Head Press of Manaton, Devon, 1933.
- La Marr, Dressler [Jinx R Howell]. *All the Hairs on My Head Hurt*. New York: Exposition, 1965.
- Lane, Edward X. *I Was a Mental Statistic*. New York: Carlton, 1963.
- Larkin, Joy. *Strangers No More—Diary of a Schizo*. New York: Vantage, 1979.
- Lathrop, Clarissa Caldwell. *A Secret Institution*. New York: Bryant, 1890.
- Lazell, David. *I Couldn't Catch the Bus Today: The True Story of a Nervous Breakdown That Became a Pilgrimage*. Guildford: Lutterworth Press, 1973.
- Leach, John E. *Fear No Evil*. New York: Vantage, 1969.
- Lee, Judy. *Save Me! A Young Woman's Journey Through Schizophrenia to Health*. New York: Doubleday, 1980.
- Lee, Kate [pseud.]. *A Year at Elgin Insane Asylum*. New York: Irving, 1902.
- Lelchuk, Alan. *Shrinking*. New York: Little, Brown, 1978.
- Leonard, W. E. *The Locomotive God*. New York: Appleton-Century, 1927.

- *Two Lives*. New York: Viking, 1933.
- *A Man Against Time: An Heroic Dream*. New York: Appleton-Century, 1945.
- Levant, Oscar. *Memoirs of an Amnesiac*. Hollywood, CA: Samuel French, 1965 (republished 1989).
- *The Unimportance of Being Oscar*. New York: Putnam's Sons, 1968.
- Lewis, Gwyneth. *Sunbathing in the Rain*. London: Flamingo, 2002.
- Lewis, Mindy. *Life Inside: A Memoir*. New York: Atria Books, 2002.
- Lloyd, R. *Born To Trouble: Portrait of a Psychopath*. London: Cassirer, 1968.
- Logan, Joshua. *Josh: My Up and Down, In and Out Life*. New York: Delacorte, 1976.
- Lott, Tim. *The Scent of Dried Roses*. London: Viking, 1996.
- Lorenz, Sarah E. *And Always Tomorrow*. New York: Holt, Rinehart and Winston, 1963.
- Lowe, Louisa. *The Bastilles of England; or The Lunacy Laws at Work*. London: Crookenden, 1883.
- *A Nineteenth Century Adaptation of Old Inventions to the Repression of New Thoughts and Personal Liberty*. London: Burns, 1872.
- *Gagging in Madhouses as Practised by Government Servants in a Letter to the People, by one of the Gagged*. London: Burns, 1872.
- *How an Old Woman Obtained Passive Writing and the Outcome Thereof*. London: Burns, 1872.
- *My Outlawry, A Tale of Madhouse Life*. London: Burns, 1872.
- *The Lunacy Laws and Trade in Lunacy in a Correspondence with the Earl of Shaftesbury*. London: Burns, 1872.
- *Report of a Case Heard in Queen's Bench, November 22nd, 1872, Charging the Commissioners in Lunacy with Concurring in the Improper Detention of a Falsely-Alleged Lunatic and Wrongfully Tampering with her Correspondence*. London: Burns, 1872.
- Lundgren, Jodi. *Touched*. Vancouver, BC: Anvil, 1999.
- Lunt, Adeline. *Behind Bars*. New York: Lee, Shepard, and Dillingham, 1871.
- Lytton, Rosina Bulwer. *A Blighted Life: A True Story*. (orig. pub. 1880; reprinted, Bristol: Thoemmes Press, 1996).
- Mabey, Richard. *Nature Cure*. London: Chatto and Windus, 2005.
- MacLane, Mary. *The Story of Mary MacLane by Herself*. Chicago: Herbert S. Stone, 1902; reprinted, Riverbend Publishing, 2002.
- I, Mary MacLane, A Diary of Human Days*. New York: Frederick A. Stokes Co., 1917.
- Maine, H. *If a Man Be Mad*. New York: Doubleday, 1947.
- Mairs, Nancy. *Plaintext: Essays*. Tucson, AZ: University of Arizona Press, 1986.
- Manning, Martha. *Undercurrents: A Therapist's Reckoning with Her Own Depression*. New York: HarperCollins, 1994.
- Marchenko, Anatoly. *My Testimony*. New York: Dutton, 1969.
- Marks, Jan. *Doctor Purgatory*. New York: Citadel, 1959.
- Martel, S. *In the Forests of the Night*. London: George Randid, 1961.
- Martens, David. *The Abrupt Self*. New York: Harper & Brothers, 1946.
- Martin, Wanda. *Woman in Two Worlds; a Personal Story of Psychological Experience*. Norwalk, CT: Silvermine, 1966.
- Marshall, Des. *Journal of an Urban Robinson Crusoe: London and Brighton*. Sussex, UK: Saxon Books, 2002.
- Mays, John Bentley. *In the Jaws of the Black Dogs: A Memoir of Depression*. Toronto: Penguin, 1996.
- McCall, Lenore. *Between Us and the Dark*. Philadelphia: Lippincott, 1947.
- McCormick, Patricia. *Cut*. New York: Push, 2000.
- McDonald, Norma. "Living with Schizophrenia." *Canadian Medical Association Journal*, 82, 218-222, 1960.
- McLean, Richard. *Recovered, Not Cured: A Journey Through Schizophrenia*. Crows Nest, NSW, Australia: Allen and Unwin, 2003.

- McKean, T.A. *Soon Will Come the Light: A View From Inside the Autism Puzzle*. Arlington, TX: Future Horizons, 1994.
- McGarr, Margaret Atkins. *And Lo, the Star*. New York: Pageant, 1953.
- McNeill, Elizabeth. *Nine and a Half Weeks*. New York: Dutton, 1978.
- Medvedev, Zhores A. *A Question of Madness* (trans. from 1971 Russian ed.). New York: Knopf, 1971.
- Merivale, Herman Charles. *My Experience in a Lunatic Asylum, by a Sane Patient*. London: Chatto and Windus, 1879.
- Metcalf, Ada. *Lunatic Asylums: and How I Became an Inmate of One*. Chicago: Ottaway and Colbert, 1876.
- Metcalf, Urbane. *The Interior of Bethlehem Hospital*. London: The Author, 1818.
- Middle-Aged Man [pseud.]. *Passages from the History of a Wasted Life*. Boston: Benj. B. Mussey, 1853.
- Millett, Kate. *The Loony-Bin Trip*. New York: Simon & Schuster, 1990.
- Mingus, C. (ed. N. King). *Beneath the Underdog, His World as Composed by Mingus*. New York: Knopf, 1971.
- Mitford, John. *A Description of the Crimes and Horrors in the Interior of Warburton's Private Mad-House at Hoxton, Commonly Called Whibmore House*. London: Benbow, 1825.  
 ----- *Part Second of the Crimes and Horrors of the Interior of Warburton's Private Mad-Houses at Hoxton and Bethnal Green and of These Establishments in General with Reasons for Their Total Abolition*. London: Benbow: 1825.
- Modrow, John. *How to Become a Schizophrenic*. Lincoln, NE: iUniverse, 1992 (3<sup>rd</sup> edition, 2003).
- Moeller, Helen. *Tornado: My Experience with Mental Illness*. Westwood, NJ.: F. H. Revell, 1968.
- Molony, William O'Sullivan. *New Armor for Old*. New York: Holt, 1935.
- Money, John, Gordon Wainwright, and David Hingsburger. *The Breathless Orgasm*. Buffalo, NY: Promethean, 1991.
- Moody, Rick. *The Black Veil: A Memoir with Digressions*. New York: Little, Brown, 2002.
- Moore, William L. *The Mind in Chains (Autobiography of a Schizophrenic)*. New York: Exposition, 1955.
- Morrison, Isabella Millar. *A Tale Told by a Lunatic*. Dumfries: Robert Dinwiddle, 1956.
- Mowrer, O. H. *Leaves from Many Seasons: Selected papers*. New York: Praeger, 1983.
- Mumford, Edwin. *Diary of a Paranoiac*. New York: Exposition, 1964.
- Mundfrom, G.F. *My Experiences With Clinical Depression*. Osceola, WI: Mercy & Truth, 1990.
- Nakhla, Fayek and Grace Jackson. *Picking Up the Pieces: Two Accounts of a Psychoanalytic Journey*. New Haven, CT: Yale University Press, 1993.
- National Council on Disability. *From Privileges to Rights: People Labeled with Psychiatric Disabilities Speak for Themselves*. Washington, DC: Government Printing Office, 2000.
- Neary, John. *Whom the Gods Destroy*. New York: Atheneum, 1975.
- Nekipelov, Viktor. *Institute of Fools*. New York: Farrar, Straus & Giroux, 1980.
- Nelson, Robert Quentin. *Mental*. Chichester, UK: Quentin Nelson, 1970.
- Nerval, Gérard de. *Selected Writings* (trans. Geoffrey Wagner). New York: Grove Press, 1957.
- Newman, Katherine A. *Sorority of Survival*. Commack, NY: Kroshka Books, 1998.
- Neyer, Dix. *Wander, Wander: A Woman's Journey into Herself*. Englewood Cliffs, NJ: Prentice-Hall, 1977.
- Nijinsky, Vaslav. *Diary of Vaslav Nijinsky (ed. Joan Accocella)*. New York: Farrar, Straus and Giroux, 1999 (orig. pub. 1936).
- Nolan, M. J. *Exposure of the Asylum System*. 1928.

- Noël, Barbara (with Kathryn Watterson). *You Must Be Dreaming*. New York: Poseidon Press, 1992.
- Noone, Mary [pseud.]. *Sweetheart, I Have Been to School*. New York: Harcourt, Brace & World, 1961.
- North, Carol S. *Welcome Silence: My Triumph over Schizophrenia*. New York: Simon & Schuster, 1987.
- Norwich Mind Resource Centre Members and Staff. "Escape to Reality: Five Life Stories from Individuals who Share Experience of Mental Illness and Real Recovery." Norwich Mind, 2004.
- O'Brien, Barbara [pseud.]. *Operators and Things: The Inner Life of a Schizophrenic*. London: Ace, 1958.
- O'Hagan, Mary. *Stopovers on My Way Home from Mars*. London: Survivors Speak Out, 1993.
- Olson, Sarah E. *Becoming One: A Story of Triumph over Multiple Personality Disorder*. Pasadena, CA: Trilogy Books, 1997.
- O'Neill, Cherry Boone. *Starving for Attention*. New York: Continuum Publishing, 1982.
- Ogdon, John Andrew Howard. *The Kingdom of the Lost*. London: Bodley Head, 1947.
- Osborne, Luther. *The Insanity Racket: A Story of One of the Worst Hell Holes in This Country*. Oakland, CA: 1939.
- Owens, Emerson D. [North 3-1]. *Pick Up the Pieces*. New York: Doubleday, Doran, 1929.
- Packard, Elizabeth Parsons Ware. *A Bill to Remedy the Evils of Insane Asylums, and Mrs. Packard's Argument in Support of the Same*. Presented to the Massachusetts Legislature, April 28, 1874. Boston: n.p., 1874.
- *Great Disclosures of Spiritual Wickedness!! In High Places: with an Appeal to the Government to Protect the Inalienable Rights of Married Women*. New York: Arno Press, 1974 (orig. pub. 1865).
- *Marital Power Exemplified in Mrs. Packard's Trial and Self-Defense from the Charge of Insanity; or, Three Years Imprisonment for Religious Belief, by the Arbitrary Will of a Husband, with an Appeal to the Government to so Change the Laws as to Afford Legal Protection to Married Women*. Hartford, CT: Case, Lockwood, 1866.
- *Modern Persecution; or Insane Asylums Unveiled*. New York, Arno Press, 1973 (orig. pub. 1873).
- *Modern Persecutions, or Insane Asylums Unveiled, As Demonstrated by the Report of the Investigating Committee of the Legislature of Illinois Volumes I & II*. (Vol. II entitled *Modern Persecutions, or Married Woman's Liabilities, as Demonstrated by the Action of the Illinois Legislature*.) Hartford, CT: Case, Lockwood, & Brainard, 1874.
- *Mrs. Olsen's Narrative of Her One Year Imprisonment, at Jacksonville Insane Asylum; with the Testimony of Mrs. Minard, Mrs. Shedd, Mrs. Yates, and Mrs. Lake, All Corroborated by the Investigating Committee of the Legislature of Illinois*. Chicago: A.B. Case, 1868.
- *The Mystic Key; or, The Asylum Secret Unlocked*. Hartford: Case, Lockwood & Brainard, 1886.
- *The Prisoner's Hidden Life, or, Insane Asylums Unveiled: As Demonstrated by the Report of the Investigating Committee of the Legislature of Illinois. Together with Mrs. Packard's Coadjutors' Testimony*. Chicago: The Author, 1868.
- Pagett, Nicola. *Diamonds Behind My Eyes*. London: Gollancz, 1997.
- Painter, Charlotte. *Confessions from the Malaga Madhouse: A Christmas Diary*. New York: Dial Press, 1971.
- Parker, Beulah. *A Mingled Yarn*. New Haven, CT: Yale University Press, 1972.
- Partyka, Joseph J. *Never Come Early*. Mtn. View, CA: The Author, 1968.
- Paternoster, Richard. *The Madhouse System*. London: The Author, 1841.
- Paul, Brenda Dean. *My First Life; a Biography, by Brenda Dean Paul, Written By Herself*. London: J. Long, 1935.
- Pegler, Jason. *A Can of Madness*. Brentwood, UK: Chipmunka Publishing, 2002.
- Penn, Arthur. *California Justice: Is This Supposed to Be a Democracy?* San Francisco: 1941.
- Pennell, Lemira Clarissa. *The Memorial Scrapbook. A Combination of Precedents*. Boston: n.p., 1883.
- *Another Section of the "M.S.B." by L.C.P. A Boomerang for a Swarm of B.B.B.'s*. Boston: n.p., 1884.
- *Prospectus of Hospital Revelations. How Opinions Vary*. n.p., 1885.
- *This Red Book is Partly a Reprint of What Was Published in 1883, and Later. And Earlier Letters from Prominent Men. Instructions to Dr. Harlow, from Springfield, His Letters from the Hospitals, and Much Else*. Boston: n.p., 1886.
- *Hospital Revelations*. n.p., 1888.
- *An Explanation to the Public as to Why Mrs. Lemira Clarissa Pennell Was Confined in the Insane Hospital and the Portland Poor House*. Augusta, Maine: n.p., 188[?].
- *New Horrors*. n.p., 1890.

----- *Leave to Withdraw*. Boston: n.p., n.d.

Perceval, John. *A Narrative of the Treatment Experienced by a Gentleman, During a State of Mental Derangement; Designed to Explain the Causes and the Nature of Insanity, and to Expose the Injudicious Conduct Pursued Towards Many Unfortunate Sufferers Under That Calamity*. 2 vols. London: Effingham Wilson, 1838 and 1840 (republished, with an introduction by Gregory Bateson, Stanford, CA: Stanford University Press, 1961).

Perkins, Robert. *Talking to Angels: A Life Spent at High Latitudes*. Boston: Beacon Press, 1996.

Peters, Fritz. *The World Next Door*. New York: Farrar Strauss, 1949.

Pfau, Father Ralph. *Prodigal Shepherd*. New York: Popular Library, 1959.

Phillips, J. *The Magic Daughter: A Memoir of Living with Multiple Personality Disorder*. New York: Viking, 1995.

Pierce, S. W. and J. T. [pseud.]. *The Layman Looks at Doctors*. New York: Harcourt, Brace, 1929.

Piersall, James and Albert Hirshberg. *Fear Strikes Out: The Jim Piersall Story*. Boston: Little, Brown, 1955.

Plath, Sylvia. *The Bell Jar*. New York: Bantam, 1963.

Plyushch, Leonid. *History's Carnival*. New York: Harcourt Brace Jovanovich, 1979.

----- *The Case of Leonid Plyushch* (trans. Marie Sapiets). Boulder, CO: Westview, 1976.

Pole, J. L. *When—A Record of Transition*. London: Chapman and Hall, 1929.

Pollitt, Basil Hubbard. *A Lawyer's Story In and Out of the World of Insanity*. Miami: B.H. Pollitt, 1958.

----- *Justice and Justices*. Daytona Beach: College Pub. Co., 1954.

Powers, B. W. and W. Diehl. *Spy Wife*. New York: Pyramid, 1965.

Pratt, Ann. *Seven Months in the Kingston Lunatic Asylum, and What I Saw There*. Kingston: G. Henderson Savage, 1860.

Previn, Dory. *Bog-Trotter*. New York: Doubleday, 1980.

----- *Midnight Baby—Autobiography*. New York: Macmillan, 1976.

Prouty, Olive Higgins. *Pencil Shavings—Memoirs*. Cambridge: Riverside, 1961.

Putnam, Daniel. *Twenty-Five Years with the Insane*. Detroit: John MacFarlane, 1885.

Quivers, Robin. *Quivers*. New York: Regan Books, 1995.

Raphael, Maryanne. *Along Came a Spider: A Personal Look at Madness*. Lincoln, NE: iUniverse, 2002.

Rebeta-Burditt, Joyce. *The Cracker Factory*. New York: Macmillan, 1977.

Redfield, Mary Ellen [Ellen Field]. *The White Shirts*. Los Angeles: The Author, 1964.

Reed, David. *Anna*. London: Secker & Warburg, 1976.

Reid, Eva Charlotte. "Autopsychology of the Manic-Depressive." *Journal of Nervous and Mental Diseases*. 37: 606-20, 1910.

Reilly, Patrick. *A Private Practice*. New York: Macmillan, 1984.

Remington, Michele G., and Carl S. Burak. *The Cradle will Fall*. Leisure Books, 1995.

Rhodes, Laura, and Lucy Freeman. *Chastise Me with Scorpions*. New York: GP Putnam's Sons, 1964.

Riggall, Mary. *Reminiscences of a Stay in a Mental Hospital*. London: A. H. Stockwell, 1929.

Rittmayer, Jane. *Life-Time*. New York: Exposition, 1979.

Riviere, Pierre. *I Pierre Riviere, Having Slaughtered My Mother, My Sister, and My Brother . . . : A Case of Parricide in the 19th Century* (ed. Michel Foucault; trans. from 1973 French ed.). New York: Random House, 1975.

Roberts, Marty. *Sojourn in a Palace for Peculiars*. New York: Carlton, 1970.

- Robertson, N. *Getting Better: Inside Alcoholics Anonymous*. New York: William Morrow, 1988.
- Robinson, Martha. *Schizophrenia—the Hell Within*. Community Care, 1979.
- Rogers, Annie. *A Shining Affliction: A Story of Harm and Healing in Psychotherapy*. New York: Viking, 1995.
- Rogers, Hope. *Time and the Human Robot*. Vinton, Iowa: Ink Spot Press, 1975.
- Roman, Charles. *A Man Remade: Or, Out of Delirium's Wonderland*. Chicago: Reilly and Britton, 1909.
- Ronen, Tammie. *In and Out of Anorexia: the Story, the Client, the Therapist, and Recovery*. London: Jessica Kingsley, 2001
- Ross, Barney. *No Man Stands Alone—The True Story of Barney Ross*. New York: Simon & Schuster, 1963.
- Ross, James. *Truth Forever on the Scaffold: I Tried to Help My Country*. New York: Pageant Press, 1964.
- Rossiter, Anthony. *The Pendulum*. New York: Helix, 1969.  
 ----- *The Golden Chain*. London: Hutchinson, 1970.
- Roth, Lillian, with Mike Connolly and Gerald Frank. *I'll Cry Tomorrow*. New York: F. Fell, 1954.
- Russell, A.B. *A Plea from the Insane by Friends of the Living Dead*. Minneapolis: Roberts Publishing, 1998.
- Russell, James William. *The Stranger in the Mirror*. New York: Harper, 1968.
- Rutherford, Mark. *The Autobiography of Mark Rutherford*. New York: Dodd, Mead, 1885.
- Rutz-Rees, Janet E. "Hospitals for the Insane. Viewed from the Standpoint of Personal Experience, by a Recovered Patient." *Alienist and Neurologist*. 9: 51-57, 1888.
- Ryan, Michael. *Secret Life: An Autobiography*. New York: Pantheon, 1995.
- Rzecki, Catherine. *Surfing the Blues*. Sydney, Australia: HarperCollins, 1996.
- Sanger, William Cary. *1935 -1936*. Newark: Newark Press, 1937.
- Sawyer, Vanessa Y. *Journey from Madness to Serenity*. Lincoln, NE: iUniverse, 2005.
- Savage, Mary. *Addicted to Suicide—A Woman Struggling to Live*. Santa Barbara, CA: Capra, 1975.
- Schiller, Lori, and Amanda Bennett. *The Quiet Room: A Journey Out of the Torment of Madness*. New York: Warner Books, 1994.
- Schreber, Daniel Paul. *Memoirs of My Nervous Illness* (eds. Ida Macalpine and Richard Hunter; trans. from 1903 German ed.). London: William Dawson and Sons, 1955 (reprinted, New York Review Books, 2000).
- Scholinski, Daphne. *The Last Time I Wore a Dress: A Memoir*. New York: Riverhead, 1997.
- Schumacher, John L. *Cynicism and Realism of a Psychotic*. New York: Vantage, 1959.
- Scot, B. J. *Prairie Reunion*. New York: Farrar, Straus & Giroux, 1995.
- Scott, James. *Sane in Asylum Walls*. London: Fowler Wright, 1931.
- Seabrook, William. *Asylum*. New York: Harcourt Brace, 1935.  
 ----- *No Hiding Place: An Autobiography*. Philadelphia: Lippincott, 1942.
- Sechehaye, Marguerite (ed.). *Autobiography of a Schizophrenic Girl* (trans. from 1950 French ed.). New York: New American Library, 1951.
- Seng, Quek Lai. *A Case Between Mentally Sound and Mentally Unsound*. New York: Vantage, 1977.
- Sexton, Anne. *To Bedlam & Part Way Back*. New York: Houghton Mifflin, 1960.
- Shaw, Fiona. *Composing Myself: A Journey through Postpartum Depression*. South Royalton, VT: Steerforth Press, 1998.
- Siebert, Al. *Peaking Out: How My Mind Broke Free from the Delusions in Psychiatry*. Portland, OR: Practical Psychology Press, 1995.

- Simon, Lizzie. *Detour: My Bipolar Road Trip in 4-D*. New York: Simon & Schuster, 2002.
- Simpson, D. G. *The Plague of Psychiatry*. New York: Greenwich Books, 1957.
- Simpson, Jane. *The Lost Days of My life*. London: Allen and Unwin, 1958.
- Simpson, William. *Cruelties in an Edinburgh Asylum*. Edinburgh: The Author, 1925.
- Sizemore, Chris Costner, and Elen Sain Pittillo. *A Mind of My Own*. New York: William Morrow, 1989.
- *I'm Eve*. New York: Doubleday, 1977.
- Skram, Bertha Amalia. *Professor Hieronymous* (trans. from 1895 Norwegian ed.). London: John Lane, 1899.
- Slater, Lauren. *Welcome to my Country: A Therapist's Memoir of Madness*. New York: Random House, 1996.
- *Prozac Diary*. New York: Random House, 1998.
- Smith, Cherry. *Snowblind*. London: Jonathan Cape, 1985.
- Smith, Jeffery. *Where the Roots Reach for Water*. New York: North Point Press, 1999.
- Smith, Lydia Adeline Jackson Button. *Behind the Scenes; Or, Life in an Insane Asylum*. Chicago: Culver, 1879.
- Smith, Nancy Covert. *Journey Out of Nowhere*. Waco, TX: Word Books, 1973.
- Snider, Benjamin S. *The Life and Travels of Benjamin S. Snider: His Persecution, Fifteen Times a Prisoner*. Washington: The Author, 1869.
- Solomon, Andrew. *The Noonday Demon: An Atlas of Depression*. New York: Scribner, 2001.
- Solomon, C. (ed. J. Tytell). *Emergency Messages: An Autobiographical Miscellany*. New York: Paragon House, 1989.
- Solomon, C. *Mishaps, Perhaps*. San Francisco: City Lights Books, 1966.
- *More Mishaps*. San Francisco: City Lights Books, 1968.
- Sombre, Dyce. *Mr. Dyce Sombre's Refutation of the Charge of Lunacy Brought Against Him in the Court of Chancer*. Paris: Sombre, 1849.
- Somers, S. *Keeping Secrets*. New York: Warner, 1988.
- Southcott, Joanna. *The Second Book of Wonders*. London: Marchant and Galubin, 1813.
- *The Strange Effects of Faith with Remarkable Prophecies*. Exeter: Brill, 1801.
- Spencer, Walter Stewart [W. S. Stewart]. *The Divided Self: The Healing of a Nervous Disorder*. London: Allen & Unwin, 1964.
- Stafford, Chad. *The Sublime Detour: My Experience with Madness, the True Story of Chad Stafford's Hallucinations*. Frederick, MD: Publish America, 2004.
- Starr, Margaret. *Sane or Insane? Or How I Regained Liberty*. Baltimore: Fosnot, 1904.
- Stebel, S. T. *The Shoe Leather Treatment: The Inspiring Story of Bill Thomas' Triumphant Nine-Year Fight for Survival in a State Hospital for the Criminally Insane as Told to S. T. Stebel*. Los Angeles: J. P. Tarcher, 1980.
- Steele, Ken (with Claire Berman). *The Day the Voices Stopped: A Memoir of Madness*. New York: Perseus, 2001.
- Stefan, Gregory. *In Search of Sanity: The Journal of a Schizophrenic*. New York: University Books, 1965.
- Stein, Judith Beck. *The Journal of Judith Beck Stein*. Washington, DC: Columbia Journal, 1973.
- Stern, Bill, and Oscar Fraley. *The Taste of Ashes—An Autobiography*. New York: Holt, 1959.
- Stone, Elizabeth. *A Sketch of the Life of Elizabeth T. Stone, and of Her Persecution, with an Appendix of Her Treatment and Sufferings While in the Charleston McLean Asylum Where She was Confined Under the Pretence of Insanity*. Boston: The Author, 1842.
- *Remarks by Elizabeth T. Stone, upon the Statements Made by H.B. Skinner, in the Pulpit of the Hamilton Chapel, on Sunday Afternoon, 18th of June 1843, in Reference to What She Had Stated Concerning His Being Chaplain in the Charlestown McLean Asylum: and Also a Further Relation on Her Suffering While Confined in That Place for 16 months and 20 days*. Boston: The Author, 1843.
- *Elizabeth T. Stone, Exposing the Modern Secret Way of Persecuting Christians in Order to Hush the Voice of Truth. Insane Hospitals Are Inquisition Houses. All Heaven Is Interested in This Crime*. Boston: The Author, 1859.

- *The American Godhead: or, the Constitution of the United States Cast Down by Northern Slavery, or by the Power of Insane Hospitals.* Boston: The Author, 1861.
- Strindberg, August. *Inferno* (trans. M. Sandbach). London: Hutchinson, 1902.
- *The Confession of a Fool* (trans. Ellie Scheussner). New York: Viking Press, 1925.
- Styron, William. *Darkness Visible: A Memoir of Madness.* New York: Random House, 1990.
- Sugar, Frank Emery. *Mindrape: A Diary of Endogenous Depression.* New York: Exposition, 1978.
- Supene, Shelagh Lynne. *As for the Sky, Falling: A Critical Look at Psychiatry and Suffering.* Toronto: Second Story, 1990.
- Sutherland, Stuart. *Breakdown.* New York: New American Library, 1976.
- Swan, Moses. *Ten Years and Ten Months in Lunatic Asylums in Different States.* Hoosick Falls: The Author, 1874.
- Symons, Arthur. *Confessions: A Study in Pathology.* New York: Fountain Press, 1930.
- *Spiritual Adventures.* London: Constable, 1905.
- Symonds, John. *The Great Beast: The Life of Aleister Crowley.* London: Rider, 1951.
- Tarsis, Valeriy. *Ward Seven: An Autobiographical Novel* (trans. from 1965 Russian ed.). New York: Dutton, 1965.
- Tempest, John. *Narrative of the Treatment Experienced by John Tempest, Esq., of Lincoln's Inn, Barrister at Law during Fourteen Months Solitary Confinement under a False Imputation of Lunacy.* London: The Author, 1830.
- Telso, A. *Experience of a Criminal.* New York: 1899.
- Tew, Raya Eksola. *How Not to Kill a Cockroach.* New York: Vantage, 1978.
- Thach, H. G. *God Gets in the Way of a Sailor.* Smithtown, NY: Exposition, 1964.
- Thaw, Harry K. *The Traitor—Being the Untampered with, Unrevised Account of the Trial and All that Led to it.* Philadelphia: Dorrance, 1926.
- Thelmar, E. *The Maniac: A Realistic Study of Madness from the Maniac's Point of View.* New York: Books for the Few, 1909.
- Thomas, M. *Home From Seven North.* San Diego: Libra, 1984.
- Thompson, Florence S., and George W. Galvin. *A Thousand Faces.* Boston: The Four Seas Co., 1920.
- Thompson, Peter. *Bound for Broadmoor.* London: Hodder & Stoughton, 1972.
- *Back from Broadmoor.* London: Hodder & Stoughton, 1974.
- Thompson, Tracy. *The Beast: A Reckoning with Depression.* New York: Putnam, 1995.
- Titus, Mrs. Ann H. *Lunatic Asylums: Their Use and Abuse.* New York: 1870.
- Tocher, Suzanne. *Well Connected: Journey to Mental Health.* Wellington, NZ: Philip Garside Publishing, 2001.
- Trosse, George. *The Life of the Reverend Mr. George Trosse, Late Minister of the Gospel in the City of Exon, Who Died January 11th, 1712/13. In the Eighty Second Year of His Age, Written by Himself and Published According to His Order.* Exon: Printed by Joseph Bliss for Richard White, 1714.
- *The Life of the Reverend Mr. George Trosse: Written by Himself, and Published Post-humously According to His Order in 1714* (ed. A. W. Brink). Montreal: McGill Queen's University Press, 1974.
- Turner, Cyrus S. *Eight and One-Half Years in Hell.* Des Moines: Turner, 1912.
- Turner, Mary. "Thoughts of Suicide." *Mind Out*, 1981.
- Unzicker, Rae. "On My Own: A Personal Journey Through Madness and Re-Emergence." *Psychosocial Rehabilitation Journal*. 13: 71-77, 1989.
- Vakin, Sam. *Diary of a Narcissist.* Prague: Narcissus Publications, 2002.
- *Malignant Self Love: Narcissism Revisited.* Prague: Narcissus Publications, 1999.
- Valentine, Christina M. *The God Within.* Pasadena: Avante Book Co., 1957.



- Van Atta, Winfred. *Shock Treatment*. New York: Doubleday, 1961.
- Van Gogh, Vincent. *Dear Theo: The Autobiography of Vincent Van Gogh* (ed. Irving Stone). Cambridge, MA: Riverside Press, 1937.
- Victor, Sarah M. *The Life Story of Sarah Victor*. Cleveland: Williams, 1887.
- Vidal, Lois. *Magpie: The Autobiography of a Nymph Errant*. Boston: Little, Brown, 1934.
- Vilar, Irene. *A Message from God in the Atomic Age* (trans. Gregory Rabassa). New York: Pantheon, 1996.
- Vincent. "Confessions of an Agoraphobic Victim." *American Journal of Psychology*. 30: 295-299, 1919.
- Vincent, John. *Inside the Asylum*. London: Allen & Unwin, 1948.
- Vonnegut, Mark. *The Eden Express*. New York: Praeger, 1975 (reprinted, New York: Seven Stories Press, 2002).
- Wagner, P. *Murdered Heiress, Living Witness*. Shippensburg, PA: Destiny Image Publishers, 1992.
- Walford, William. *Autobiography of the Rev. William Walford*. London: Jackson & Walford, 1851.
- Wallace, Clare Marc. *Nothing to Lose*. London: Hurst & Blackett, 1962.
- *Portrait of a Schizophrenic Nurse*. London: Hammond, Hammond & Co., 1965.
- Ward, Mary Jane. *Counter-clockwise*. New York: Avon, 1969.
- *The Other Caroline*. New York: Avon, 1970.
- "Out of the Dark Ages." *Woman's Home Companion*. 34-35, 91-92; August 1946.
- *The Snake Pit*. New York: New American Library, 1946.
- Warde, James Cook. *Jimmy Warde's Experiences as a Lunatic. A True Story. A Full Account of What I Thought, Saw, Heard, Did and Experienced Just Before and During My Confinement of One Hundred and Eighty-One Days as a Lunatic in the Arkansas Lunatic Asylum*. Little Rock: Tunnah Pittard, 1902.
- Wannack [pseud.]. *Guilty but Insane: A Broadmoor Autobiography*. London: Chapman & Hall, 1931.
- Wegefath, G. C. *A Patient's Memoirs*. Baltimore: "The Rocket Buster," 1937.
- Weisskopf-Joelson, E. (ed.). *Father Have I Kept My Promise? Madness as Seen from Within*. West Lafayette, IN: Purdue University Press, 1988.
- Weldon, Georgina. *The History of My Orphanage, or the Outpourings of an Alleged Lunatic*. London: The Author, 1878.
- *How I Escaped the Mad Doctors*. London: The Author, 1882.
- Wellon, Arthur. *Five Years in Mental Hospitals: An Autobiographical Essay*. New York: Exposition, 1967.
- West, Cameron. *First Person Plural*. New York: Hyperion, 1999.
- West, Robert Frederick. *Light Beyond Shadows: A Minister and Mental Health*. New York: Macmillan, 1959.
- Wharton, William. *Birdy*. New York: Penguin, 1979.
- White, John. *Ward N-1*. New York: A. A. Wyn, 1955.
- Wilcox, Gerald Erasmus [Thomas G. E. Wilkes]. *Hell's Cauldron*. Atlanta: Stratton-Wilcox, 1953.
- Wiley, Lisa. *Voices Calling*. Cedar Rapids, IO: Torch Press, 1955.
- Williams, Donna. *Nobody Nowhere: The Extraordinary Autobiography of an Autistic*. New York: Times Books, 1992.
- *Somebody Somewhere: Breaking Free from the World of Autism*. New York: Times Books, 1994.
- Wilson, Bertrand. *A Quest for Justice: My Confinement in Two Institutions*. Hicksville, NY: Exposition Press, 1974.
- Wilson, Margaret Isabel. *Borderland Minds*. Boston: Meador Publishing Co., 1940.
- Wilson, W. *They Call Them Camisoles*. California: Lymanhouse, 1940.
- Wingfield, A. *The Inside of the Cup*. London: Angus & Robertson, 1958.

- Wolfe, Ellen. *Aftershock*. New York: GP Putnam's Sons, 1969.
- Woods, D. M. *Afraid of Everything: A Personal History of Agoraphobia*. Saratoga, CA: R & E Publishers, 1984.
- Wurtzel, Elizabeth. *Prozac Nation: Young and Depressed in America*. Boston: Houghton Mifflin, 1994.
- *More, Now, Again: A Memoir of Addiction*. New York: Simon & Schuster, 2002.
- Yalom, I. and Ginny Elkin. *Every Day Gets a Little Closer: A Twice-Told Therapy*. New York: Basic Books, 1974.
- Yesenin-Volpin, A. *A Leaf of Spring*. New York: Praeger, 1971.
- Zuendel, Friedrich. *The Awakening: One Man's Battle with Darkness*. Farmington, PA: Plough, 2000.
- Zwiren, Scott. *God Head*. Dalkey Archive Press, 1996.

## Narratives by Family Members

- Berger, Diane, and Lisa Berger. *We Heard the Angels of Madness: One Family's Struggle with Manic Depression*. New York: William Morrow, 1991.
- Bottoms, Greg. *Angelhead: My Brother's Descent into Madness*. London: Headline, 2001.
- Copeland, James. *For the Love of Ann—the True Story of an Autistic Child*. Severn House Publishers, 1976.
- Craig, Eleanor. *The Moon is Broken: A Mother's True Story*. New York: Signet, 1994.
- Davis, Hope Hale. *Great Day Coming: A Memoir of the 1930s*. South Royalton, VT: Steerforth Press, 1994.
- Day, G.W.L. *Rivers of Damascus*. London: Rider, 1939.
- Evans, Stan A. *Box of Mustaches: The Darkly Funny True Story of How Twin Brothers Survived Their Mother's Madness*. Lincoln, NE: iUniverse, 2003.
- Gregory, Julie. *Sickened: The Memoir of a Munchausen by Proxy Childhood*. New York: Random House, 2003.
- Hackett, Marie. *The Cliff's Edge*. New York: McGraw-Hill, 1954.
- Helfgott, Gillian, with Alissa Tanskaya. *Love You to Bits and Pieces: Life with David Helfgott*. New York: Penguin, 1997.
- Hinshaw, Stephen P. *The Years of Silence are Past: My Father's Life with Bipolar Disorder*. Cambridge: Cambridge University Press, 2002.
- Kaufman, Barry Neil. *Son Rise*. New York: Harper & Row, 1976.
- Lachenmeyer, Nathaniel. *The Outsider: A Journey into My Father's Struggle with Madness*. New York: Broadway Books, 2000.
- Lyden, Jacki. *Daughter of the Queen of Sheba: A Memoir*. New York: Houghton Mifflin, 1997.
- Moorman, Margaret. *My Sister's Keeper: Learning to Cope with a Sibling's Mental Illness*. New York: Norton, 1992.
- Naylor, Phyllis. *Crazy Love*. New York: William Morrow, 1977.
- Neale, R.M. *To Challenge or Not to Challenge: A Family's Response to a Son's Illness*. Kelso, Scotland: Curlew Productions, 1998.
- Neugeboren, Jay. *Imagining Robert: Brothers, Madness and Survival: A Memoir*. New York: William Morrow, 1997.
- Shields, Mary Lou. *Sea Run: Surviving My Mother's Madness*. New York: Seaview, 1981.
- Spungen, Deborah. *And I Don't Want to Live this Life*. London: Corgi Books, 1984.

Steinem, Gloria. "Ruth's Song (Because She Could Not Sing It)." In *Outrageous Acts and Everyday Rebellions*. New York: Holt, Rinehart & Winston, 1983.

Van Amber, James Anthony. *Regina's Record*. Marlow, UK: AnSer House, 2000.

Wilson, Louise. *This Stranger, My Son*. New York: Putnam, 1968.

Woolson, Arthur. *Good-bye, My Son*. London: Frederick Muller, 1962.

## Anthologies and Criticism

Alvarez, Walter C. *Minds That Came Back*. Philadelphia: J. B. Lippincott, 1961.

Aswell, Mary Louise. *The World Within, Fiction Illuminating Neuroses of Our Time; with an Introduction and Analyses by Frederic Wertham*. New York: Whittlesey House, 1947.

Barker, Phil, Peter Campbell, and Ben Davidson (eds.). *From the Ashes of Experience: Reflections on Madness, Survival and Growth*. London: Whurr Publishers, 1999.

Beard, Jean J. and Peggy Gillespie (eds.). *Nothing to Hide: Mental Illness in the Family*. New York: The New Press, 2002.

Bird, Ann (ed.). *Living with Mental Illness*. Peterborough, UK: Foundry Press, n.d.

Brandon, David. *Voices of Experience: Consumer Perspectives on Psychiatric Treatment*. London: Mind Publications, 1981.

----- et al. *The Survivors*. London: Routledge & Kegan Paul, 1980.

----- (ed.). *Voices from the Institution*. London: Mind Publications, 1980.

Bridges Creative Writing Group. *I am God's Goldfish and Other Writings*. UK: Breckland Print Solutions, 1999.

Burstow, Bonnie, and Don Weitz (eds.). *Shrink Resistant: The Struggle Against Psychiatry in Canada*. Vancouver, BC: New Star, 1988.

Caminero-Santangelo, Marta. *The Madwoman Can't Speak: Or Why Insanity is Not Subversive*. Ithaca: Cornell University Press, 1998.

Casey, Nell (ed.). *Unholy Ghost: Writers on Depression*. New York: William Morrow, 2001.

Crisp, Arthur H. (ed.). *Every Family in the Land* (rev. ed). London: Royal Society of Medicine Press, 2004.

Cullen, Rosie (ed.). *Looking Back: An Anthology of Writing from the Pastures Hospital*. Leicester, UK: East Midlands Shape, 1991.

Curtis, Ted, Robert Dellar, Esther Leslie and Ben Watson (eds.). *Mad Pride: A Celebration of Mad Culture*. London: Spare Change Books, 2000.

Davies, Kerry. *Narratives Beyond the Walls: Patients' Experiences of Mental Health and Illness in Oxfordshire Since 1948*. PhD diss., Oxford Brookes University, March 2002.

Donley, Carol, and Sheryl Buckley (eds.). *What's Normal? Narratives of Mental Illness & Emotional Disorders*. Kent, Ohio: Kent State University Press, 2000.

Dyer, Lindsey. *Wrong End of the Telescope*. London: Mind Publications, 1985.

Elfenbein, Debra (ed.). *Living with Prozac and Other Selective Serotonin Reuptake Inhibitors (SSRIs): Personal Accounts of Life on Anti-Depressants*. New York: HarperCollins, 1995.

----- *Living with Tricyclic Antidepressants (TCAs): Personal Accounts of Life on Imipramine, Nortriptyline, Amitriptyline, and Others*. New York: HarperCollins, 1996.

Fadiman, James, and Donald Kewman. *Exploring Madness: Experience, Theory, and Research*. Monterey, CA: Brooks/Cole, 1973.

Farber, Seth. *Madness, Heresy and the Rumor of Angels: The Revolt Against the Mental Health System*. Chicago: Open Court, 1993.

Fenton, Steve, and Azra Sadiq. *The Sorrow in My Heart: Sixteen Asian Women Speak About Depression*. London: Commission for Racial Equality, 1993.

- Furst, Lilian R. *Just Talk: Narratives of Psychotherapy*. Lexington, KY: University Press of Kentucky, 1999.
- Geller, Jesse, and Maxine Harris (eds.). *Women of the Asylum: Voices from Behind the Walls, 1840-1945*. New York: Anchor, 1994.
- Gittins, Diana. *Madness in Its Place: Narrative of Severalls Hospital, 1913 - 1997*. London: Routledge, 1998.
- Glenn, Michael (ed.). *Voices from the Asylum*. New York: Harper & Row, 1974.
- Grobe, Jeanine (ed.). *Beyond Bedlam: Contemporary Women Psychiatric Survivors Speak Out*. Chicago: Third Side Press, 1995.
- Hirsch, Sherry, et al. (eds.) *Madness Network News Reader*. San Francisco: Glide, 1974.
- Hornstein, Gail A. "Narratives of Madness, as Told from Within." *The Chronical Review*, January 25, 2002.  
---- "Witnessing Courageously." *OpenMind*, Sept/Oct 2003.
- Hubert, Susan J. *Questions of Power: The Politics of Women's Madness Narratives*. Newark: University of Delaware Press, 2002.
- Hughes, John S. (ed.), *The Letters of a Victorian Madwoman* (Andrew M. Sheffield). Columbia, SC: University of South Carolina Press, 1993.
- Ingram, Allan (ed.). *Voices of Madness*. Gloucestershire, UK: Sutton Publishing, 1997.
- Inside, Outside: Women's Experiences of Mental Distress*. Exeter, UK: Outsider Publications, 1995.
- Jackson, Vanessa. *In Our Own Voice: African-American Stories of Oppression, Survival and Recovery in Mental Health Systems*. Available from P. O. Box 10796, Atlanta, GA 30310.
- Jacobson, N. "Experiencing Recovery: A Dimensional Analysis of Recovery Narratives." *Psychiatric Rehabilitation Journal*. 24: 248-257, 2001.
- Johnson, Donald McIntosh, and Norman Dodds (eds.). *The Plea for the Silent*. London: Christopher Johnson, 1957.
- Kaplan, Bert. *The Inner World of Mental Illness*. New York: Harper & Row, 1964.
- Keitel, Evelyne. *Reading Psychosis*. Oxford, UK: Blackwell, 1989.
- Landis, Carney, and Fred Mettler. *Varieties of Psychopathological Experience*. New York: Holt, Rinehart & Winston, 1964.
- Lehman, Peter (ed.). *Coming Off Psychiatric Drugs*. Berlin: Peter Lehman, 2002.
- McCagby, Charles, and James K. Skipper. *In Their Own Behalf: Voices from the Margin*. New York: Appleton, 1968.
- McDonnell, Flora (ed.). *Threads of Hope: Learning to Live with Depression*. London: Short Books, 2003.
- Mead, Shery and Mary Ellen Copeland. "What Recovery Means to Us: Consumers' Perspectives." *Community Mental Health Journal*. 36: 315-328, 2000.
- Mental Patients Association. *Madness Unmasked: Mental Patients Association Creative Writing Book*. Vancouver, BC: Mental Patient Publishing Project, 1973.
- Mental Patient Liberation Front. *Our Journal*. Somerville, MA: 1977.
- Newnes, Craig, Guy Holmes and Cailzie Dunn (eds.). *This is Madness, Too*. Ross-on-Wye, UK: PCCS Books, 2001.  
---- *This is Madness*. Ross-on-Wye, UK: PCCS Books, 1999.
- Nunes, Julia, and Scott Simmie. *Beyond Crazy: Journeys through Mental Illness*. Toronto: McClelland and Stewart, 2002.
- Oakes, J. G., and D. Kennison (eds.). *In the Realms of the Unreal: "Insane" Writings*. New York: Four Walls Eight Windows, 1991.
- Oettli-van Delden, Simone. *Surfaces of Strangeness: Janet Frame and the Rhetoric of Madness*. Wellington, NZ: Victoria University Press, 2003.
- Pedler, Margret. *Shock Treatment: A Survey of People's Experiences of ECT*. London: MIND Publications, 2001.
- Peterson, Dale (ed.). *A Mad People's History of Madness*. Pittsburgh: University of Pittsburgh Press, 1982.
- Pinn, Paul. *Scattered Remains: A Celebration of 750 Years of Bedlam*. Leicester, UK: Tanjen Ltd, 1997.

- Porter, Roy. *A Social History of Madmen: The World Through the Eyes of the Insane*. New York: Weidenfeld & Nicolson, 1988.
- Porter, Roy, Helen Nicholson and Bridget Bennet (eds.). *Women, Madness, and Spiritualism*. London: Routledge, 2003.
- Ramsay, Rosalind, Anne Page, Tricia Goodman and Deborah Hart (eds.). *Changing Minds: Our Lives and Mental Illness*. London: Royal College of Psychiatrists, 2002.
- Raphael, Winifred. *Psychiatric Hospitals Viewed by their Patients*. London: King Edward's Hospital Fund, 1977.
- Read, Jim and Jill Reynolds (eds.). *Speaking Our Minds: An Anthology of Personal Experiences of Mental Distress and its Consequences*. Milton Keynes, UK: Open University Press, 1996.
- Reaume, Geoffrey. *Remembrance of Patients Past: Patient Life at the Toronto Hospital for the Insane, 1870-1940*. New York: Oxford University Press, 2000.
- Ridgeway, Priscilla. "Restorying Psychiatric Disability: Learning from First Person Recovery Narratives." *Psychiatric Rehabilitation Journal*. 24: 335-344, 2001.
- Rippere, Vicky and Ruth Williams (eds.). *Wounded Healers: Mental Health Workers' Experiences of Depression*. Chichester, UK: Wiley, 1985.
- Rodgers, John, Martin Came, Karl Romilly Pitts, and John Furness. *Outside, Inside: A Collection of Writings by People Who Have Been Mentally Distressed*. Exeter, UK: Outsider Publications.
- Romme, Marius and Sandra Escher. *Accepting Voices*. London: MIND Publications, 1993.
- Shannonhouse, Rebecca (ed.). *Out of Her Mind: Women Writing on Madness*. New York: Modern Library, 2000.
- Shavelson, Lonny. *I'm Not Crazy, I Just Lost My Glasses: Portraits and Oral Histories of People Who Have Been In and Out of Mental Institutions*. Berkeley, CA: DeNovo Press, 1986.
- Shimrat, Irit. *Call Me Crazy: Stories from the Mad Movement*. Vancouver, BC: Press Gang, 1997.
- Smith, Barbara Holler. *Skirting Bedlam: Women's Autobiographies of Mental Illness*. PhD diss., Rutgers University, 2000.
- Smith, Dorothy E., and Sara J. David (eds.). *Women Look at Psychiatry*. Vancouver, BC: Press Gang, 1975.
- Sommer, Robert and Humphrey Osmond. "A Bibliography of Mental Patients' Autobiographies. 1960-1982." *American Journal of Psychiatry*. 140: 1051-1054, 1983.
- Stanford, Gene. *Strangers to Themselves--Readings on Mental Illness*. New York: Bantam, 1973.
- Steir, Charles. *Blue Jolts: True Stories from the Cuckoo's Nest*. Washington, DC: New Republic Books, 1978.
- Susko, Michael A. (ed.). *Cry of the Invisible: Writings of the Homeless and Survivors of Psychiatric Hospitals*. Baltimore: Conservatory Press, 1991.
- Ten Ex-Patients. *Breakthru—Dear Society, Open Your Mind: Ten Ex-Patients of Hillcrest Psychiatric Hospital Tell Their Stories*. Australia: Liberation, n.d.
- Thornton, Joan (ed.). *Out of Mind, Out of Sight: Experiences of Mental Illness*. Castleford, UK: Yorkshire Art Circus, 1996.
- Wilentz, Gay. *Healing Narratives: Women Writers Curing Cultural Dis-ease*. New Brunswick, NJ: Rutgers University Press, 2000.
- Winslow, L. Forbes. *Mad Humanity*. New York: Mansfield, 1898.
- Wood, Mary Elene. *The Writing on the Wall: Women's Autobiography and the Asylum*. Urbana, IL: University of Illinois Press, 1994.

# Websites With First-Person Madness Narratives

Alaska Mental Health Consumers Website: <http://www.akmhweb.org>

Antipsychiatry Coalition: <http://www.antipsychiatry.org>

Asylum Magazine: <http://www.asylumonline.net>

ECT: <http://www.ect.org>

Freedom Center: <http://www.freedom-center.org>

Hearing Voices Network: <http://www.hearing-voices.org>; <http://www.hearingvoices.net>; <http://www.hearing-voices.net>

Icarus Project: <http://www.theicarusproject.net>

Institute for the Study of Human Resilience: <http://www.bu.edu/resilience>

International Guide to the World of Alternative Mental Health: <http://www.alternativementalhealth.com>

Law Project for Psychiatric Rights: <http://psychrights.org>

Lunatics Liberation Front: <http://www.walnet.org/llf>

M-Power: <http://www.m-power.org>

Mad Not Bad: <http://www.madnotbad.co.uk>

Mad Pride: <http://www.ctono.freemove.co.uk>

Mental Health Client Action Network of Santa Cruz County: <http://www.mhcan.org>

Mental Health Media: <http://www.mhmedia.com>

Mental Health in the UK: <http://www.zoo.pwp.blueyonder.co.uk>

Mind: <http://www.mind.org.uk>

National Association for Rights Protection and Advocacy: <http://www.narpa.org>

National Empowerment Center: <http://www.power2u.org>

Pennsylvania Mental Health Consumers Association: <http://www.pmhca.org>

People Who: <http://www.peoplewho.org>

Prinzhorn Collection: [http://prinzhorn.uni-hd.de/index\\_eng.shtml](http://prinzhorn.uni-hd.de/index_eng.shtml)

Support Coalition International: <http://www.mindfreedom.org>

Survivors Art Foundation: <http://www.survivorsartfoundation.org>

Revised in June 2005 with assistance from Katy D'Ambly, Janet Crosby, and Janet Hicks.

Please send corrections, additions, or comments to:

Gail A. Hornstein  
 Professor of Psychology  
 Mount Holyoke College  
 South Hadley, MA 01075 USA  
 ghornste@mtholyoke.edu