

**Free public forum by Opal Network:**

**Non-Drug  
Alternatives in  
Mental Health Care**



**Panel of providers & peers: Ben Luskin, Christina Peirsol, Jena Tormohlen MSW, Ron Unger, LCSW. Moderator: Bjo Ashwill.**

**Date:** Tuesday, August 31, 2010

**Time:** 2:30 pm to 4:30 pm

**Where:** Eugene Public Main Library • Tykeson Room  
100 W. 10th Ave., Eugene *(Arrive early, seating limited to first 50 people).*

Free! All are welcome. All agencies and organizations that work in mental health in Lane County are encouraged to send representatives.

*We especially invite mental health consumers and psychiatric survivors to attend, join and speak out!*

Free refreshments. Sign language with 72 hours notice. Wheelchair accessible.

**Opal Network Event:** A Lane County coalition to support your voice, self-determination and empowerment as a user of mental health services.

More info: Office phone: 541-345-9106  
Email: lane@mindfreedom.org

*Brownies by Sweet Life Patisserie!*

*Thank you to Opal Network Sponsors:*  
Center for Family Development • City of Eugene Human Rights Commission • Direction Service • Lane County Mental Health Consumer/Survivor Advisory Council • Lane Independent Living Alliance • Laurel Hill Center • Life & Universe • MindFreedom Lane County • Oregon Family Support Network • ShelterCare • Siuslaw Outreach Services • Trauma Healing Project

*Started in 2007, this quarterly free public forum in Lane County is named after Opal Whiteley [1897 - 1992]. Opal was a famous author with a psychiatric diagnosis who lived in Lane County.*