

MindFreedom International

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Submissions invited for: Global Mental Health Empowerment Handbook

MindFreedom International (MFI) seeks stories and art from psychiatric survivors, mental health consumers/users, and their family and loved ones. MFI is looking for real life stories, photos, poetry, and artwork from individuals who have been personally affected by the mental health system.

Selected authors published in the Handbook will be published in MFI's upcoming Global Mental Health Empowerment Handbook and receive a \$50 (US) stipend.

About the Global Mental Health Empowerment Handbook

MFI is creating a Handbook that encourages the voice of people diagnosed with psychiatric and other mental disabilities. Submissions are welcomed from anywhere, especially from poor and developing countries. The Handbook seeks to empower mental health system users, consumers and survivors so that they may be heard more effectively by their communities, care providers, and policy makers.

The MFI Handbook, with support from the international development organization CBM, also aims to inspire the reader to become involved in organizing, taking ownership of their organizations and using the framework of the disability movement. MFI will print thousands of copies of the Handbook in English, Spanish, Portuguese, French, Arabic, and accessible formats.

Submissions to the Handbook: Deadline 31 August 2011

"MFI needs your help putting a human face to our movement," said Heather Marek, Communications Specialist with MindFreedom International who is working on the Handbook. "The Handbook will use examples of leaders taking action, holding support groups, street marches, and artistic and cultural activities. We want to show the diverse range of backgrounds, beliefs, challenges and successes of people with mental disability labels around the world, especially from developing countries. Mental health consumers and psychiatric survivors in poor nations can -- and do -- speak for themselves!"

Submissions can take a variety of forms, so long as they can be used for print. MFI is looking for works that tell a story about people's experience with the mental health system, including overcoming human rights violations. Here are some examples:

- * Personal true stories of recovery and/or activism
- * Art (drawings, paintings, sketches)

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25th Year for Human Rights in Mental Health

- * Photos with captions.
- * Poetry

Creators whose submissions are used in the Handbook will receive a \$50 (US) stipend. MFI will give credit to all authors and artists by sharing their name, unless otherwise instructed.

Works that are not used in the Handbook may still be appear on the MindFreedom International website, journal, and in other publications, so there is a good chance that other work will be published beyond the Handbook, and archived. Only those published in the Handbook qualify for a stipend.

Said Heather, "This is a unique opportunity to have your story touch and inspire people around the globe! We cannot guarantee that any work will be published, but we appreciate the uniqueness and creativity in our movement, and will do our best to share your work."

How to Submit Your Story, Art, Photo, Poetry

Multiple submissions for the Handbook are welcome from the same individual. All submissions become the property of MindFreedom International. MFI is committed to preserving and amplifying the voice of consumers, survivors, and their families. MFI will strive to keep works as close to their original form as possible, but may edit submissions before they are published.

Each written submission must be no more than 500 to 600 words in length. Deadline for submissions is August 1, 2011. Please send submissions via e-mail or postal mail:

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About MindFreedom International

MindFreedom International is an independent nonprofit that unites 100 grassroots groups and thousands of members to peacefully take action for human rights in the mental health system.

While MFI is open to the public, a majority of our members identify themselves as "psychiatric survivors," that is, individuals who have personally experienced human rights violations in the mental health system. All who support human rights are welcome to join. MFI members and leaders include mental health professionals, advocates, attorneys and family members.

For more information about MFI and the Handbook, including how to become a member, visit our website at <http://www.MindFreedom.org>

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