## Restore Human Dignity in Mental Health Care Through Authentic Relationship

## Presentation by PAM BIRRELL, PhD.

How can family, friends, and mental health workers support the humanity of a person who is diagnosed with a psychiatric disorder?

**Dr. Pam Birrell** (photo on right) is a Senior Instructor in the Psychology Department at the University of Oregon. She teaches courses on trauma, ethics and psychopathology. She is trained in community mental health and maintains a private practice.



A moderated public forum will include a panel with lived experience of mental health care:

- **JERRY SMITH** is a mental health consumer and retired social worker who is on the City of Eugene Community Task Force on Homelessness.
- T.C. DUMAS, PhD is a long-time leader for change in mental health care.

**Date**: Tuesday, 31 January 2012

**Time**: 7 pm to 8:30 pm

<u>Where</u>: Eugene Public Library Bascom-Tykeson Room 100 W. 10th Ave., Eugene

All are welcome! Free refreshments. All agencies and groups that work in mental health are asked to share your news.

Mental health consumers and psychiatric survivors are invited to attend and speak out! Opal Network amplifies your voice.

The Opal Network is a Lane County coalition to support the empowerment, voice and self-determination of users of mental health services.

This free public forum has met quarterly in the Eugene Public Library since 2007. It was named in honor of the popular author Opal Whiteley [1897-1992], who was raised in Lane County, and was confined for nearly 50 years in a psychiatric institution.



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