

## ***The Opal Network\****

***We are a Lane County coalition to support the voice, self-determination and empowerment of mental health clients. Join us! All are welcome.***



***When: 2:00 pm to 4:00 pm  
Tuesday, March 31, 2009***

***Where: Tykeson Room  
Eugene Public Library Main Building  
100 W. 10th Ave., Eugene  
(Seating limited to the first 56 people, so come early!!)***

***Guest Speaker: RON UNGER, mental health counselor, on "Overcoming Obstacles to Full Recovery After Trauma." Discussion to follow, moderated by Ron Unger with ELAINE WALTERS of Trauma Healing Project.***

All are welcome. All agencies & organizations that work in the mental health field in Lane County are invited to send representatives to this meeting. We especially encourage mental health consumers and psychiatric survivors to attend and join in!

Free refreshments. Discuss how we can all unite to support people diagnosed with a psychiatric disability in Lane County. Join us to address • discrimination • human rights • the need for alternatives • advocacy • homelessness • police training • public education • and other concerns. *Free event. Wheelchair accessible. Sign language interpreter if given 72 hours notice.*

*Co-sponsoring groups so far include: Lane Independent Living Alliance (LILA), City of Eugene Human Rights and Mental Health, Laurel Hill Center Client Council, ShelterCare, MindFreedom Lane County, Lane County Mental Health Consumer/Survivor Advisory Council, LaneCare, OFSN, Life & Universe, White Bird, Trauma Healing Project, United Way, SAFE/Wonderland, Center for Family Development, Direction Service and Siuslaw Outreach Services. Add your group!*

*For more info, e-mail [lane@mindfreedom.org](mailto:lane@mindfreedom.org) or phone 541-345-9106.*

*\*This alliance in Lane County is named after Opal Whiteley (1897 - 1992). Opal was a famous author with a psychiatric diagnosis who lived in Lane County.*