## The Opal Network\*

We are a Lane County coalition to support the voice, self-determination and empowerment of <u>mental health clients</u>. Join us! All are welcome! Free event.

When: 2:00 pm to 4:00 pm Tuesday, September 29, 2009

Where: Tykeson Room
Eugene Public Library Main Building
100 W. 10th Ave., Eugene
(Seating limited to the first 56 people, so arrive early!)



## **Topic:** Trauma and Healing

<u>Guest Speakers</u>: • Patricia Henry-Schneider, LPC • Elaine Walters, Executive Director of the Trauma Healing Project • Kathleen McNeal, a trauma survivor.

Everyone welcome. All agencies & organizations that work in the mental health field in Lane County are invited to send representatives to this meeting. We especially encourage mental health consumers and psychiatric survivors to attend and join in!

Free refreshments. Announce your organization's activities! Unite to support people diagnosed with a psychiatric disability in Lane County. Join us to address • discrimination • human rights • the need for alternatives • advocacy • homelessness • police training • public education • and other concerns. Free quarterly event. Wheelchair accessible. Sign language interpreter if given 72 hours notice.

Co-sponsoring groups include: Center for Family Development, City of Eugene Human Rights Commission, Direction Service, Lane Independent Living Alliance (LILA), Lane County Mental Health Consumer/Survivor Advisory Council, Laurel Hill, Life & Universe, MindFreedom Lane County, Oregon Family Support Network, SAFE/Wonderland, ShelterCare and Trauma Healing Project. Add your group here!

For more info, e-mail lane@mindfreedom.org or phone 541-345-9106.

\*This alliance in Lane County is named after Opal Whiteley (1897 - 1992). Opal was a famous author with a psychiatric diagnosis who lived in Lane County.